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Hy-Tek's Meet Manager 1/26/2008 07:07 PM

OnTrackOpen - 1/25/2008 to 1/26/2008

Liberty University

Tolsma Indoor Track Center

Results

Women 60 Meter Dash

Name	Year School	Prelims	H#
Preliminaries			
1 Fant, Felicia	Team Velocity	7.47q	6
2 Patterson, Courtney	unattached	7.51q	6
3 Beckles, Andrea	Liberty Universi	7.72q	6
4 Dortch, LaDrae	unattached	7.77q	6
5 Yerkes, Robin	Roanoke	7.83q	6
6 Lewis, Shanise	Virginia State	7.84q	5
7 Garrick, Kisha	Virginia	7.87q	6
8 Barnett, Wykeita	Winston-Salem St	7.94q	5
9 Pearson, Natalie	Unc-Asheville	7.96	6
10 Henton, Sheronica	Liberty Universi	7.96	5
11 Mason, Kate	Roanoke	8.00	6
12 Nelms, Candace	James Madison	8.01	5
13 Walker, Gabby	Mars Hill	8.06	3
14 Harris, Angelica	Virginia State	8.08	4
15 Jones-Green, Jasmine	High Point	8.10	3
16 France, Tiffany	Roanoke	8.10	5
17 Hibbert, Charlene	Liberty Universi	8.11	5
18 Martin, Cottrell	Unat-District of	8.12	4
19 Givner, Kandi	High Point	8.13	4
20 Thompson, Jilisha	High Point	8.14	4
21 Desrosiers, Daphne	Unat-Lynchburg	8.18	4
21 Brown, Javonna	Winston-Salem St	8.18	5
23 Biney, Asha	Virginia State	8.21	4
24 Krosendijik, Silviene	Campbell	8.22	4
25 Williams, Maurisa	District of Colu	8.25	5
26 Morton, Lauren	unattached	8.33	3
27 Lollie, Summer	Washington & Lee	8.34	3
28 Richardson, Kyra	Lynchburg	8.35	3
29 Johnson, Taryn	District of Colu	8.36	2
30 Wattai, Jill	Bridgewater (Va.	8.37	2
31 Phillips, Samantha	Bridgewater (Va.	8.38	2
32 Stallings, Jazamine	Roanoke	8.46	3
33 Wayashe, Jessica	High Point	8.51	2
34 Sutherland, Sharisse	Mars Hill	8.57	1
35 Frink, Danna	James Madison	8.59	3
36 Imel, Tia	Methodist	8.61	2
37 Leaman, Michelle	Eastern Mennonit	8.67	3
38 Wuebker, Christine	Mary Washington	8.81	2
39 Cimini, Linda	Eastern Mennonit	8.88	1
40 Humphries, Lynette	Mary Washington	8.91	1
41 Cimini, Kathleen	Eastern Mennonit	8.98	1
42 Ndandula, Tezzia	Eastern Mennonit	9.06	2
43 Barkus, Jordan	Eastern Mennonit	9.49	1
44 Walls, Cori	Campbell	9.75	1

Women 60 Meter Dash

Name	Year School	Finals
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Finals

1	Fant, Felicia	Team Velocity	7.43
2	Patterson, Courtney	unattached	7.50
3	Beckles, Andrea	Liberty Universi	7.73
4	Dortch, LaDrae	unattached	7.76
5	Yerkes, Robin	Roanoke	7.76
6	Barnett, Wykeita	Winston-Salem St	7.83
7	Lewis, Shanise	Virginia State	7.85
8	Garrick, Kisha	Virginia	7.92

Women 200 Meter Dash

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Name	Year School	Finals	H#
1 Fant, Felicia	Team Velocity	24.70	12
2 Patterson, Courtney	unattached	24.83	12
3 Dortch, LaDrae	unattached	25.84	12
4 Wyse, Ayana	unattached	26.13	11
5 Freeman, Chenoa	Liberty Universi	26.14	8
6 Beckles, Andrea	Liberty Universi	26.24	9
7 Lewis, Shanise	Virginia State	26.36	10
8 Garrick, Kisha	Virginia	26.39	12
9 Givner, Kandi	High Point	26.51	11
10 Thompson, Jilisha	High Point	26.56	11
11 Blake, Camelia	Virginia State	26.60	7
12 Martin, Cottrell	Unat-District of	26.63	10
13 John, Desiree	Campbell	26.67	9
14 Harrison, Sandy	Winston-Salem St	26.85	9
15 Duncan, Karlyn	Campbell	27.04	10
16 Wynn, Anene	District of Colu	27.14	8
17 Bethea, Chantelle	Winston-Salem St	27.15	11
18 Mclean, Shelly	Campbell	27.18	8
19 Pegues, Alyssa	unattached	27.21	9
20 Harris, Angelica	Virginia State	27.36	7
21 Heath, Brittany	Liberty Universi	27.42	8
22 Barnett, Wykeita	Winston-Salem St	27.46	10
23 Lollie, Summer	Washington & Lee	27.59	5
24 Wattai, Jill	Bridgewater (Va.	27.64	6
25 White-Johnson, Yvette	Mid Atlantic Eli	28.09	7
26 Graham, JoEllyn	Liberty Universi	28.49	5
27 Riley, Bethany	James Madison	28.59	6
28 Jackson, Kendra	Bridgewater (Va.	28.60	4
29 Thomas, Brittni	High Point	28.71	6
30 Leaman, Michelle	Eastern Mennonit	28.93	6
31 Keser, Stacy	Mary Washington	29.03	3
32 Dettmann, Bridget	Mary Washington	29.25	3
33 Walker, Gabby	Mars Hill	29.27	7
34 Stokes, Shalietta	High Point	29.31	5
35 Imel, Tia	Methodist	29.54	2
36 Nelson, Erin	Roanoke	29.64	4
37 Stallings, Jazamine	Roanoke	29.76	5
38 Cimini, Linda	Eastern Mennonit	29.86	1
39 Johnson, Nikki	Bridgewater (Va.	29.90	4
40 Wuebker, Christine	Mary Washington	29.98	4
41 Gibbs, Jessica	Lynchburg	30.38	3
42 Sorrell, Jennifer	Mary Washington	30.52	1
43 Cimini, Kathleen	Eastern Mennonit	30.76	2
44 Gaugbler, Leah	Eastern Mennonit	33.08	1
45 Fernandez, Andrea	Unc-Asheville	33.59	2

Women 400 Meter Dash

Name	Year School	Finals	H#
1 Freeman, Chenoa	Liberty Universi	57.35	11
2 Williams, Maurisa	District of Colu	57.89	11
3 Hibbert, Charlene	Liberty Universi	58.09	10
4 Jones-Green, Jasmine	High Point	58.61	11
5 Aghaji, Mia	Liberty Universi	1:00.57	7
6 Uche, Chidima	Virginia	1:00.72	8
7 John, Desiree	Campbell	1:00.91	9
8 Bolen, Morgan	Virginia	1:01.07	9
9 Wyse, Ayana	unattached	1:01.29	10
10 Thompson, Jilisha	High Point	1:01.77	10
11 Long, Carrie	Gardner-Webb	1:01.92	7
12 Duncan, Karlyn	Campbell	1:02.37	11
13 Anderson, Jen	Campbell	1:02.58	9
14 Mujahid, Aishah	Virginia State	1:02.62	10
15 Landes, Krystle	Lynchburg	1:03.10	6
16 Brock, Faith	Virginia State	1:03.18	7
17 Ashe, Keshia	Virginia	1:03.23	8
18 Fraser, Ashley	Winston-Salem St	1:03.49	9
19 Seegars, Allegra	Winston-Salem St	1:03.53	5
20 High, Chelsea	James Madison	1:03.87	5
21 Phillips, Samantha	Bridgewater (Va.	1:04.25	5
22 Mclean, Shelly	Campbell	1:04.67	8
23 Hildenbrand, Tara	Washington & Lee	1:05.78	4
24 Fagan, Casey	James Madison	1:05.88	5
25 Wise, Tiffany	Virginia State	1:06.37	7
26 Stelter, Stephanie	Washington & Lee	1:06.52	4
27 White, Chevonda	Roanoke	1:07.11	3
28 Humphries, Lynette	Mary Washington	1:07.24	2
29 Scuffins, Laura	Roanoke	1:07.88	4
30 Long, Kayla	Winston-Salem St	1:08.07	6
31 Lambdin, Karen	Washington & Lee	1:08.43	1
32 Smith, Elizabeth	Bridgewater (Va.	1:08.76	2
33 Keiser, Deb	Eastern Mennonit	1:10.18	4
34 Lynch, Ashleigh	Campbell	1:10.86	3
35 Shipp, Chynna	Brevard	1:11.15	3
36 Daughtry, Chelsea	Mars Hill	1:11.30	1
37 Smith, Megan	Bridgewater (Va.	1:12.95	2
38 Hurd, Kate	Mary Washington	1:13.05	1

Women 500 Meter Dash

Name	Year School	Finals	H#
1 McGowan, Lana	James Madison	1:18.59	4
2 Ellerbe, La Vonne	James Madison	1:19.53	5
3 Moen, Hilary	Virginia	1:19.66	5
4 Spoth, Carole	James Madison	1:19.69	4
5 Hopkins, Colleen	Mary Washington	1:21.58	4
6 Obendorfer, Jamie	James Madison	1:21.72	5
7 White-Johnson, Yvette	Mid Atlantic Eli	1:23.31	3
8 Winchester, Chia	Mary Washington	1:23.73	3
9 Robinson, Dana	High Point	1:23.92	5
10 Keser, Stacy	Mary Washington	1:24.75	3
11 Winchester, Mae	Mary Washington	1:25.03	4
12 Cook, Danielle	District of Colu	1:27.03	2

13	Doe, Samfee	Eastern Mennonit	1:27.40	3
14	Nshisso, Dina	Gardner-Webb	1:27.58	1
15	McCarthy, Ashley	Mars Hill	1:30.58	2
16	Wheaton, Kellie	Mars Hill	1:32.93	2
17	Hlawatsch, Kathleen	Gardner-Webb	1:33.20	1
18	Mills, Regina	Washington & Lee	1:36.14	1

Women 1 Mile Run

Name	Year School	Finals	
1	Cromer, Dawn	Brooks	4:56.60
2	Webb, Elizabeth	Washington & Lee	5:07.36
3	Propst, Jessica	James Madison	5:07.84
4	Ginnow, Suzanne	Virginia	5:09.87
5	Foster, Aspen	James Madison	5:12.20
6	Parris, Alison	James Madison	5:18.46
7	Sullivan, Hayley	Mary Washington	5:20.18
8	Duncan, Elizabeth	Unc-Asheville	5:21.35
9	Pernisi, Jennie	Lynchburg	5:25.40
10	Klein, Erin	Virginia	5:29.36
11	Garber, Tiffany	Unc-Greensboro	5:29.98
12	Franklin, Tara	Campbell	5:32.76
13	Balistreri, Christine	Washington & Lee	5:34.85
14	Woodsmall, York	James Madison	5:35.50
15	Jeptolo, Irene	Winston-Salem St	5:37.02
16	Allaire, Tara	Campbell	5:38.81
17	Meyer, Ashley	Lynchburg	5:39.72
18	Magin, Carly	Unc-Greensboro	5:43.20
19	Farquharson, Charlotte	Campbell	5:43.27
20	Rono, Irene	District of Colu	5:43.43
21	Martens, Melissa	unattached - lib	5:45.51
22	Doyle, Wava	Roanoke	5:46.49
23	McClaine, Mallory	Roanoke	5:46.57
24	Ferguson, Tomita	Winston-Salem St	5:46.72
25	Fawcett, Courtney	Unc-Greensboro	5:48.56
26	Brown, Candice	Virginia State	5:52.51
27	Szabo, Shayla	Virginia State	5:54.84
28	Minard, Carrie	Gardner-Webb	5:55.30
29	Doughman, Jennifer	Roanoke	5:56.50
30	Becker, Emily	Unc-Asheville	5:58.07
31	Littrell, Allye	Gardner-Webb	5:58.87
32	Tharpe, Bree	Gardner-Webb	6:01.85
33	Garris, Raphaela	Virginia State	6:05.57
34	Stauffer, Yvonne	Eastern Mennonit	6:11.43
35	Kniceley, Sara	Mary Washington	6:14.28
36	Washburn, Hannah	Mars Hill	6:14.85
37	Murphy, Erin	Bridgewater (Va.	6:15.42
38	Donnelly, Caitlin	Mary Washington	6:28.86
39	Murphy, Aimee	Bridgewater (Va.	6:29.44
40	Clark, Katherine	Unc-Asheville	6:32.88
41	Kelley, Rosemary	Washington & Lee	6:47.58
42	Kaschak, Cindy	Bridgewater (Va.	7:26.22

Women 800 Meter Run

Name	Year School	Finals	
1	Sang, Stelah	District of Colu	2:16.77
2	Smith, Claire	James Madison	2:18.01

3	Sloan, Ariane	Virginia	2:18.45
4	Durkee, Megan	Virginia	2:21.11
5	Wilder, Valerie	Virginia	2:21.93
6	Hymon, Charlene	Virginia State	2:24.52
7	Teer, Ashley	Liberty Universi	2:29.46
8	Calamese, Taylor	Winston-Salem St	2:32.52
9	Fenwick, Katherine	Washington & Lee	2:32.54
10	Galloway, Molly	Lynchburg	2:32.74
11	Ferguson, Tomita	Winston-Salem St	2:33.41
12	Olert, Katie	Unc-Asheville	2:33.82
13	Moore, Maggie	Roanoke	2:33.95
14	Watford, Shakira	District of Colu	2:34.21
15	Balistreri, Christine	Washington & Lee	2:35.05
16	Brown, Candice	Virginia State	2:37.21
17	Markey, Whitney	Lynchburg	2:38.71
18	Szabo, Shayla	Virginia State	2:39.30
19	Keiser, Deb	Eastern Mennonit	2:41.58
20	Smith, Jessica	Roanoke	2:42.23
21	Becker, Emily	Unc-Asheville	2:43.91
22	Holloway, Melissa	Mars Hill	2:55.23
23	Colangelo, Becca	Unc-Greensboro	3:00.06
24	Rhyne, Meredith	Unc-Asheville	3:31.41

Women 1000 Meter Run

Name	Year School	Finals	
1	Ricci, Janine	Virginia	3:03.50
2	Colombo, Lynne	James Madison	3:04.55
3	Jemison, Kelly	James Madison	3:06.62
4	Chewens, Michelle	Unc-Greensboro	3:09.35
5	Presley, Michelle	James Madison	3:09.81
6	Pernisi, Jennie	Lynchburg	3:10.47
7	Sullivan, Hayley	Mary Washington	3:11.68
8	Witek, Kristy	Mary Washington	3:13.98
9	Jordan, Sherrika	Unc-Greensboro	3:15.08
10	Goss, Chelsea	Bridgewater (Va.	3:19.09
11	Rono, Irene	District of Colu	3:22.27
12	Clements, Anna	Bridgewater (Va.	3:33.89
13	Washburn, Hannah	Mars Hill	3:35.12
14	Wenos, Taylor	Roanoke	3:40.16
15	Sobanko, Melissa	Roanoke	3:44.39
16	Fletcher, Kelly	Roanoke	3:47.16
17	Kelley, Rosemary	Washington & Lee	4:04.23
18	Kielhack, Tabitha	Mars Hill	4:20.42

Women 3000 Meter Run

Name	Year School	Finals	
1	Cromer, Dawn	Brooks	9:45.53
2	Garcia, Stephanie	Virginia	9:47.52
3	Thomas, Kate	unattached	10:14.55
4	Stafford, Samantha	Virginia	10:20.22
5	Mase, Emily	Unc-Asheville	10:24.44
6	Dolson, Jennifer	Virginia	10:32.88
7	Beardmore, Michelle	James Madison	10:35.06
8	O'Malley, Caitlin	James Madison	10:40.23
9	Norman, Melanie	unattached	10:52.52
10	Frederickson, Holly	James Madison	10:55.50

11	Jeptolo, Irene	Winston-Salem St	11:00.15
12	Deines, Danielle	Asheville Distan	11:00.57
13	Farquharson, Charlotte	Campbell	11:10.49
14	McClaine, Mallory	Roanoke	11:11.91
15	Franklin, Tara	Campbell	11:13.54
16	Leberfinger, Ashley	James Madison	11:23.46
17	Mumaw, Elizabeth	Roanoke	11:25.67
18	Magin, Carly	Unc-Greensboro	11:31.44
19	Hollahan, Keely	Mars Hill	11:33.98
20	Rutz, Mary	Unc-Greensboro	11:41.00
21	McCarthy, Erin	Mary Washington	12:02.34
22	Brown, Candice	Virginia State	12:16.63
23	Casey, Anita	Mars Hill	12:23.15
24	Szabo, Shayla	Virginia State	12:34.57
25	Garris, Raphaela	Virginia State	12:49.98
26	Kniceley, Sara	Mary Washington	12:54.68
27	Cox, Erin	Mary Washington	13:06.35
28	Kuehl, Jaime	Mars Hill	13:18.53
29	Beck, Hannah	Brevard	13:21.03
30	DeHaven, Stacey	Bridgewater (Va.	13:26.39
31	Green, Amelia	Mars Hill	14:04.55

Women 5000 Meter Run

Name	Year School	Finals
1	Scott, Aurora	unattached 17:24.29
2	Hellmuth, Emily	James Madison 18:13.59
3	Lussier, Amber	James Madison 18:52.95
4	Locke, Baillie	Campbell 18:56.93
5	Payne, Kelly	James Madison 19:01.25
6	Roller, Hannah	Campbell 19:28.87
7	Gollery, Erin	Roanoke 20:26.36
8	Norden, Diana	Campbell 21:17.73
9	Hollister, Janelle	Roanoke 21:45.56

Women 60 Meter Hurdles

Name	Year School	Prelims	H#
Preliminaries			
1	Walker, Beau	World Express AC	8.42q 5
2	Echko, Lauren	Unat-Virginia	8.93q 5
3	Guerierre, Katelyn	James Madison	9.08q 5
4	Wynn, Anene	District of Colu	9.13q 5
5	Ashe, Keshia	Virginia	9.16q 5
6	Uche, Chidima	Virginia	9.19q 5
7	Houseknecht, Rachel	Liberty Universi	9.32q 4
8	Grant, Annie	Virginia	9.33q 4
9	Blake, Camelia	Virginia State	9.35 4
10	Frink, Danna	James Madison	9.44 4
11	Graham, JoEllyn	Liberty Universi	9.48 3
12	Morgan, Kayla	Gardner-Webb	9.50 3
13	Leaman, Michelle	Eastern Mennonit	9.51 3
14	Argus, Victoria	Gardner-Webb	9.52 2
15	John, Desiree	Campbell	9.56 2
16	Moen, Hilary	Virginia	9.60 5
17	Harris, Angelica	Virginia State	9.64 3
18	Anderson, Jen	Campbell	9.65 3
19	Cook, Danielle	District of Colu	9.84 4

20	Nixon, Erica	District of Colu	9.88	4
21	Winchester, Mae	Mary Washington	9.95	2
22	Mize, Elizabeth	Campbell	9.97	3
23	Green, Saleena	District of Colu	10.07	4
24	Humphries, Lynette	Mary Washington	10.13	2
25	Garofalo, Danielle	Lynchburg	10.22	2
26	Stelter, Stephanie	Washington & Lee	10.45	1
27	Smith, Elizabeth	Bridgewater (Va.	10.46	1
28	Hayes, Nadine	Mars Hill	10.52	3
29	Garofalo, Alicia	Lynchburg	10.97	1
30	Rhodes, Renee	Roanoke	11.14	1
31	Gibbs, Jessica	Lynchburg	11.16	1
32	Gaughler, Leah	Eastern Mennonit	11.47	1

Women 60 Meter Hurdles

Name	Year School	Finals	
1	Walker, Beau	World Express AC	8.35
2	Echko, Lauren	Unat-Virginia	8.87
3	Uche, Chidima	Virginia	8.96
4	Ashe, Keshia	Virginia	9.12
5	Wynn, Anene	District of Colu	9.13
6	Grant, Annie	Virginia	9.31
7	Houseknecht, Rachel	Liberty Universi	9.46

Women 4x400 Meter Relay

School	Finals	H#
1 Roanoke 'A'	4:03.03	3
2 Virginia 'A'	4:08.28	5
3 Virginia State 'A'	4:08.66	4
4 Virginia 'B'	4:11.36	5
5 Winston-Salem St. 'B'	4:19.59	4
6 Washington & Lee 'A'	4:20.92	3
7 Mary Washington 'A'	4:21.45	2
8 Lynchburg 'A'	4:22.84	3
9 District of Columbia 'B'	4:26.14	1
10 Unc-Asheville 'A'	4:27.11	4
11 Bridgewater (Va.) 'A'	4:30.18	2
12 Eastern Mennonite 'A'	4:35.68	1
13 Bridgewater (Va.) 'B'	4:35.69	1
14 District of Columbia 'A'	4:36.32	5
15 Mars Hill 'A'	4:55.63	2

Women 4x800 Meter Relay

School	Finals
1 Virginia 'A'	9:31.30
2 Unc-Greensboro 'A'	10:10.64
3 Mary Washington 'A'	10:14.58

Women High Jump

Name	Year School	Finals
1 Webb, Jocelya	Campbell	1.65m 5-05.00

2	Mize, Elizabeth	Campbell	1.60m	5-03.00
3	Dettmann, Bridget	Mary Washington	J1.60m	5-03.00
4	Hlavin, Callie	Virginia	J1.60m	5-03.00
5	Trizna, Katie	Virginia	J1.60m	5-03.00
6	Olexson, Ryan	James Madison	1.55m	5-01.00
7	Waugh, Dicoda	District of Colu	1.50m	4-11.00
7	Williams, Marie	Liberty Universi	1.50m	4-11.00
7	Boston, Erin	Bridgewater (Va.	1.50m	4-11.00
10	Nelson, Erin	Roanoke	J1.50m	4-11.00
10	Grant, Annie	Virginia	J1.50m	4-11.00
10	Trotter, Corrie	Unc-Asheville	J1.50m	4-11.00
10	Kuck, Alysén	Washington & Lee	J1.50m	4-11.00
14	McCarthy, Ashley	Mars Hill	1.45m	4-09.00
14	Peaks, Jessica	Winston-Salem St	1.45m	4-09.00
14	Green, Saleena	District of Colu	1.45m	4-09.00

Women Pole Vault

Name	Year	School	Finals	
1		Virginia	3.60m	11-09.75
2		unattached	3.35m	10-11.75
3		Bridgewater (Va.	3.05m	10-00.00
3		Gardner-Webb	3.05m	10-00.00
3		James Madison	3.05m	10-00.00
6		Liberty Universi	2.75m	9-00.25
6		Liberty Universi	2.75m	9-00.25
8		Eastern Mennonit	2.45m	8-00.50
8		Roanoke	2.45m	8-00.50
8		Gardner-Webb	2.45m	8-00.50
8		unattached	2.45m	8-00.50
8		Eastern Mennonit	2.45m	8-00.50
8		Bridgewater (Va.	2.45m	8-00.50
8		Liberty Universi	2.45m	8-00.50
8		Mary Washington	2.45m	8-00.50
16		Bridgewater (Va.	2.15m	7-00.50

Women Long Jump

Name	Year	School	Finals	
1		Campbell	5.53m	18-01.75
2		James Madison	5.46m	17-11.00
3		James Madison	5.35m	17-06.75
4		Liberty Universi	5.32m	17-05.50
5		unattached	5.30m	17-04.75
6		Roanoke	5.17m	16-11.50
7		Gardner-Webb	5.11m	16-09.25
8		Virginia	5.10m	16-08.75
9		Gardner-Webb	5.07m	16-07.75
10		Virginia	5.06m	16-07.25
11		Virginia State	5.04m	16-06.50
12		Bridgewater (Va.	4.94m	16-02.50
13		Virginia State	4.92m	16-01.75
14		unattached	4.91m	16-01.50
15		District of Colu	4.84m	15-10.50
16		District of Colu	4.79m	15-08.75
17		Virginia State	4.78m	15-08.25
18		District of Colu	4.76m	15-07.50
19		unattached	4.62m	15-02.00

20	Gibbs, Jessica	Lynchburg	4.58m	15-00.50
21	Trotter, Corrie	Unc-Asheville	4.49m	14-08.75
22	Nelson, Erin	Roanoke	4.38m	14-04.50
23	Ndandula, Tezzia	Eastern Mennonit	4.01m	13-02.00

Women Triple Jump

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	Name	Year School	Finals	
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1	Ferguson, Tomika	unattached	13.06m	42-10.25
2	Mujahid, Aishah	Virginia State	11.21m	36-09.50
3	Pegues, Alyssa	unattached	10.88m	35-08.50
4	Kline, Krissy	James Madison	10.86m	35-07.75
5	France, Tiffany	Roanoke	10.77m	35-04.00
6	Krosendijik, Silviene	Campbell	10.71m	35-01.75
7	Harris, Courtney	Virginia State	10.56m	34-07.75
8	Webb, Jocelya	Campbell	10.51m	34-05.75
9	Waugh, Dicoda	District of Colu	10.50m	34-05.50
10	Morton, Lauren	unattached	10.24m	33-07.25
11	Lollie, Summer	Washington & Lee	9.87m	32-04.75
12	Jackson, Kendra	Bridgewater (Va.	9.64m	31-07.50
13	Johnson, Taryn	District of Colu	9.37m	30-09.00
14	Garofalo, Danielle	Lynchburg	9.26m	30-04.75
15	Lambert, Kylee	Roanoke	9.01m	29-06.75

Women Shot Put

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	Name	Year School	Finals	
=====				
1	Maxwell, Elizabeth	Gardner-Webb	11.75m	38-06.75
2	Henton, Sheronica	Liberty Universi	11.52m	37-09.50
3	Lawhorn, Chelsea	Eastern Mennonit	11.37m	37-03.75
4	Hamilton, Tabitha	Gardner-Webb	11.26m	36-11.50
5	Harder, Alfreda	Virginia State	10.96m	35-11.50
6	Grady, Cynthia	Winston-Salem St	10.90m	35-09.25
7	Allen, Ashley	Lynchburg	10.74m	35-03.00
8	Jarrett, Jasmine	Virginia State	10.56m	34-07.75
9	Rosser, Brynn	Virginia State	10.48m	34-04.75
10	Harris, Miah	Winston-Salem St	9.90m	32-05.75
11	Argus, Victoria	Gardner-Webb	9.72m	31-10.75
12	Suehs, Katie	Roanoke	9.30m	30-06.25
13	Weeks, Morgan	Unc-Asheville	9.27m	30-05.00
14	Stowe, Erin	Mars Hill	9.25m	30-04.25
15	Fitzwater, Whitney	Roanoke	8.70m	28-06.50
15	Fortune, Danielle	Liberty Universi	9.15m	30-00.25
16	Crews, Deana	Lynchburg	8.61m	28-03.00
17	Elstrom, Emily	Unc-Asheville	8.44m	27-08.25
18	Langley, Lamirica	Methodist	8.40m	27-06.75
19	Dube, Cosy	Washington & Lee	8.15m	26-09.00

Women Weight Throw

=====				
	Name	Year School	Finals	
=====				
1	Maxwell, Elizabeth	Gardner-Webb	14.99m	49-02.25
2	Daane, Caryn	Gardner-Webb	13.70m	44-11.50
3	Suehs, Katie	Roanoke	13.28m	43-07.00
4	Allen, Ashley	Lynchburg	12.28m	40-03.50
5	Fitzwater, Whitney	Roanoke	12.14m	39-10.00
6	Crews, Deana	Lynchburg	10.80m	35-05.25

7	Sims, Shakina	Liberty Universi	9.50m	31-02.00
8	Elstrom, Emily	Unc-Asheville	6.12m	20-01.00

Women Indoor Pentathlon

Name	Year School	Finals
1 Nicewonger, Christine	James Madison	3566
2 Withers, Meredith	Roanoke	3202
3 Doornbos, Stacy	Washington & Lee	3096
4 Matthews, Krystal	Liberty Universi	3043
5 Henton, Sheronica	Liberty Universi	2871
6 Healey, Jennifer	Liberty Universi	2678
7 Weeks, Morgan	Unc-Asheville	2636
8 Sutherland, Maggie	Washington & Lee	2616
9 Lane, Persha	Winston-Salem St	2554
10 Nauta, Jessica	James Madison	2480
11 Hodge, Malliron	Winston-Salem St	1459

Men 60 Meter Dash

Name	Year School	Prelims	H#
Preliminaries			
1 Archie, Derrick	Team Velocity	6.92q	8
2 Dooms, Allen O	unattached	6.95q	8
3 Wallace, Anthony	unattached	6.96q	8
4 Bailey, Jacey	Liberty Universi	6.98q	8
5 Cull, Durell	Liberty Universi	6.99q	6
6 McCloud, Demetrias	unattached	7.00q	9
7 Petty, Tazz	Methodist	7.02q	7
8 Queen, Melvin	Bridgewater (Va.	7.08q	7
9 Marcellus, Richard	Winston-Salem St	7.09	7
9 Dunston, Greg	Campbell	7.09	8
11 Konate, Tony	Bridgewater (Va.	7.11	7
12 Hill, Micheal	Methodist	7.11	5
12 Davis, Benny	Unat-Mars Hill	7.11	4
14 Conaway, Justin	High Point	7.11	7
15 Simmons, Jared	unattached	7.12	7
16 Westbrook, Michael	Virginia State	7.14	8
17 covington, jamaal	unattached	7.16	9
18 Fleming, Justin	Brevard	7.17	6
19 Copeland, Brandon	Bridgewater (Va.	7.18	5
20 Bolden, Dominic	Liberty Universi	7.19	6
21 Bailey, Greg	Methodist	7.19	5
22 Wesley, Nick	Team Velocity	7.19	5
23 Sykes, Ryan	Virginia State	7.20	7
24 Ramey, Charles	Virginia State	7.21	5
25 Stanley, Adonis	Methodist	7.22	3
26 Carter, Brandon	Virginia	7.23	8
27 Giordino, Jeff	Washington & Lee	7.23	3
28 Noles, Richard	Lynchburg	7.27	4
29 Kildare, Michale	unattached - lib	7.29	3
30 Manns, Donald	Liberty Universi	7.31	6
31 Cannie, Richard	unattached - lib	7.31	5
32 Brantley, Anthony	Roanoke	7.31	3
33 Johnson, McKinley	Lynchburg	7.32	5
34 Piccolo, Daniel	Mary Washington	7.36	5
35 Ahmad, Omar	Unc-Asheville	7.37	3
35 Barnes, Desmond	Winston-Salem St	7.37	4

37	Underwood, Wes	Roanoke	7.37	2
38	Pratt, Shaton	Brevard	7.37	6
39	Licourt, Aaron	Winston-Salem St	7.38	4
40	Hibbert, Chris	Liberty Universi	7.38	6
41	Hamilton, Brandon	Unc-Asheville	7.40	4
42	Hurdiss, Sean	Washington & Lee	7.45	3
43	Housley, Trent	Unat-Southern Vi	7.47	1
44	Epperly, Lucas	Roanoke	7.48	1
45	Johnson, Cardel	Campbell	7.50	6
46	Robinson, Rob	Methodist	7.50	2
47	Beasley, Will	Unc-Asheville	7.54	1
48	Warren, Orion	unattached - lib	7.56	2
49	Beiler, Tyler	Bridgewater (Va.	7.57	4
50	Burke, Jeremy	Mary Washington	7.62	1

Men 60 Meter Dash

Name	Year School	Finals
Finals		
1	McCloud, Demetrias	unattached 6.84
2	Archie, Derrick	Team Velocity 6.88
3	Cull, Durell	Liberty Universi 6.92
4	Dooms, Allen O	unattached 6.92
5	Petty, Tazz	Methodist 6.94
6	Bailey, Jacey	Liberty Universi 6.96
7	Wallace, Anthony	unattached 6.99
8	Queen, Melvin	Bridgewater (Va. 7.24

Men 200 Meter Dash

Name	Year School	Finals	H#
1	Leinweber, Phil	Liberty Universi	22.53 12
2	Archie, Derrick	Team Velocity	22.55 12
3	Davis, Benny	Unat-Mars Hill	22.82 11
4	Petty, Tazz	Methodist	22.85 9
5	Westbrook, Michael	Virginia State	22.90 10
6	Llanos, Enrique	Puerto Rico	22.92 13
7	Tilly, Sam	Campbell	22.94 13
8	Konate, Tony	Bridgewater (Va.	22.94 11
9	Hill, Micheal	Methodist	23.02 8
10	Bailey, Jacey	Liberty Universi	23.05 10
11	Bailey, Greg	Methodist	23.25 4
12	Fleming, Justin	Brevard	23.28 7
13	Giordino, Jeff	Washington & Lee	23.28 1
14	Kidd, Brandon	Methodist	23.30 6
15	Simmons, Jared	unattached	23.35 8
16	Haynie, Elliott	Gardner-Webb	23.40 8
17	Johnson, Cardel	Campbell	23.40 4
18	Lawson, Denzelle	unattached	23.42 10
19	Adams, Rashard	Lynchburg	23.54 5
20	Dunston, Greg	Campbell	23.59 10
21	Savoy, James	unattached	23.59 4
22	Noles, Richard	Lynchburg	23.77 4
23	Queen, Melvin	Bridgewater (Va.	23.81 9
24	Johnson, McKinley	Lynchburg	23.82 3
25	Piccolo, Daniel	Mary Washington	23.82 3
26	Copeland, Brandon	Bridgewater (Va.	23.84 6
27	Brantley, Anthony	Roanoke	23.85 2

28	Stanley, Adonis	Methodist	23.88	3
29	Wesley, Nick	Team Velocity	23.89	5
30	Ajibulu, Michael	unattached - lib	23.90	3
31	Kildare, Michale	unattached - lib	23.90	2
32	Folsom, Lamont	Virginia State	24.00	5
33	Carter, Brandon	Virginia	24.02	12
34	Robinson, Rob	Methodist	24.02	2
35	Delp, Deric	Eastern Mennonit	24.03	7
36	Pratt, Shaton	Brevard	24.05	7
37	Eure, Derrick	unattached	24.07	7
38	Newton, Roger	Campbell	24.09	6
39	Hurdiss, Sean	Washington & Lee	24.18	2
40	Rogers, Trevor	Campbell	24.30	9
41	Barnes, Desmond	Winston-Salem St	24.30	6
42	Martin, Nils	Eastern Mennonit	24.85	8
43	Warren, Orion	unattached - lib	25.00	1
44	Moore, Landon	Eastern Mennonit	25.11	1
45	Ferguson, Wayne	Virginia State	25.23	5
46	Keene, Marcel	Unat-Mars Hill	25.25	11
47	Burke, Jeremy	Mary Washington	25.28	1

Men 400 Meter Dash

Name	Year School	Finals	H#
1	Sims, Harold	Campbell	50.57 7
2	Word, Chris	Lynchburg	50.58 6
3	Walden, Omar	Virginia State	50.77 9
4	Brown, Keith	Virginia State	50.86 8
5	Best, Chris	unattached - lib	51.36 7
6	Terry, Lawrence	Basics Track Clu	51.37 9
7	Howe, Brandon	Winston-Salem St	51.63 7
8	Ramey, Charles	Virginia State	51.76 8
9	Tolbert, Willie	Lynchburg	52.00 4
10	Hibbert, Chris	Liberty Universi	52.11 5
11	Steinke, Paul	Gardner-Webb	52.32 8
12	Edwards, Cleveland	Liberty Universi	52.71 5
13	Lawson, Denzelle	unattached	52.73 6
14	Newton, Roger	Campbell	53.36 6
15	Delp, Deric	Eastern Mennonit	53.44 4
16	Shroades, Adam	Bridgewater (Va.	53.46 4
17	Brunson, Robert	Campbell	53.91 5
18	Bikko, Richard	Eastern Mennonit	53.92 3
19	Eure, Derrick	unattached	54.05 2
20	Durden, Keith	Methodist	54.11 2
21	Springer, Jesse	Eastern Mennonit	54.48 4
22	Wright, Eliot	Unat-Mars Hill	54.88 5
23	Stepp, Duane	Unc-Asheville	55.32 2
24	Savage, Bradford	unattached	55.82 3
25	Brandlein, Tom	Washington & Lee	55.96 2
26	Coyner, Jamie	Bridgewater (Va.	56.25 1
27	DeCoster, Andrew	Roanoke	56.67 1
28	Fay, Thomas	Mary Washington	57.77 1
29	Rogers, Trevor	Campbell	1:09.09 6

Men 500 Meter Dash

Name	Year School	Finals	H#
1	Leinweber, Phil	Liberty Universi	1:06.06 4

2	Legins, James	Winston-Salem St	1:09.33	3
3	Handon, Ben	Liberty Universi	1:09.75	3
4	Odonnell, Tim	Liberty Universi	1:09.98	4
5	Hopkins, Brandon	Brevard	1:11.40	2
6	Mosby, Darryl	Virginia State	1:11.96	1
7	Brown, Maurice	Virginia State	1:12.84	1
8	Savoy, James	unattached	1:12.93	2
9	Herlihy, Sean	Mary Washington	1:13.09	1
10	Nagel, Bradley	Mars Hill	1:14.56	3
11	Burke, Austin	Roanoke	1:15.06	2
12	Brooks-Shoffner, Ja'Eric	Winston-Salem St	1:15.71	2
13	Clarke, Richard	Mars Hill	1:23.63	1

Men 1 Mile Run

Name	Year School	Finals	
1	Harmon, Jon	Unc-Asheville	4:25.74
2	Whitlow, Dustin	Mars Hill	4:25.77
3	Van Astine, Ryan	Lynchburg	4:27.85
4	Klaves, Jeff	Campbell	4:28.58
5	Israel, Timothy	Gardner-Webb	4:28.69
6	Jacobs, Patrick	Lynchburg	4:31.43
7	Attema, Terrance	Campbell	4:31.87
8	Lawerence, Jonathan	Campbell	4:33.31
9	Savoia, AJ	Unc-Greensboro	4:35.60
10	Peyton, Stanley	Bridgewater (Va.	4:38.51
11	Knutsen, Alex	Roanoke	4:40.11
12	Clapp, Brian	Lynchburg	4:41.38
13	Spalding, Brandon	Bridgewater (Va.	4:41.53
14	Rigler, Andrew	unattached	4:42.93
15	Bennett, Lincoln	Unc-Greensboro	4:43.68
16	Thomas, Aaron	Mars Hill	4:44.27
17	Davidson, Timothy	Virginia State	4:46.56
18	Harrison, Eugene	Virginia State	4:47.43
19	George, Robert	Washington & Lee	4:51.55
20	Belcher, Bobby	Unc-Greensboro	4:51.63
21	Litmon, Brandon	Virginia State	4:52.15
22	Robinson, Ian	Roanoke	4:54.30
23	Quirk, Joel	Unc-Asheville	4:54.83
24	Burnett, Brooks	Mary Washington	4:55.43
25	DeLuna, Alex	Roanoke	4:55.93
26	Rawlins, Matthew	Mary Washington	4:58.17
27	Koech, Kenneth	Winston-Salem St	5:01.22
28	Stutzman, Cody	Eastern Mennonit	5:02.06
29	Abrahamson, Robert	Unc-Asheville	5:14.89
30	Pattillo, Chase	Methodist	5:49.80

Men 800 Meter Run

Name	Year School	Finals	
1	Yoder, Luke	Eastern Mennonit	1:59.00
2	Wray, Travis	Lynchburg	1:59.01
3	Wyatt, Terry	Unc-Greensboro	1:59.23
4	Hurst, Taylor	Unc-Greensboro	1:59.28
5	Griffin, Jacob	Bridgewater (Va.	1:59.41
6	Dixon, Brian	Virginia	1:59.57
7	Shaver, Ryan	Campbell	2:00.00
8	Correa, Kevin	Liberty Universi	2:00.43

9	Apgar, Richard	Lynchburg	2:01.01
10	Davidson, Timothy	Virginia State	2:01.58
11	Goodrum, Erin	Gardner-Webb	2:01.98
12	Jones, Cornell	Winston-Salem St	2:04.90
13	Monahan, Jamison	Roanoke	2:05.42
14	Powell, Kit	Mars Hill	2:05.68
15	Carpenter, Tom	Mars Hill	2:06.97
16	Folsom, Lamont	Virginia State	2:07.01
17	Bikko, Richard	Eastern Mennonit	2:07.60
18	Demers, Brandon	Lynchburg	2:08.60
19	Stepp, Duane	Unc-Asheville	2:08.90
20	Springer, Jesse	Eastern Mennonit	2:09.35
21	Shiplot, Michael	Washington & Lee	2:10.90
22	Paris, Frederico	Virginia State	2:11.57
23	Metz, Josh	Roanoke	2:14.48
24	Rawlins, Matthew	Mary Washington	2:16.25
25	Quirk, Joel	Unc-Asheville	2:18.34
26	George, Robert	Washington & Lee	2:26.76

Men 1000 Meter Run

Name	Year School	Finals	
1	Cash, Matt	Mary Washington	2:29.08
2	Clyne, Andy	Unc-Greensboro	2:34.12
3	Van Astine, Ryan	Lynchburg	2:39.59
4	Peyton, Stanley	Bridgewater (Va.	2:40.12
5	Yousuf, Mo	Mary Washington	2:44.64
6	McCauley, Jeffrey	Bridgewater (Va.	2:47.09
7	Jones, Tim	Mary Washington	2:49.42
8	Wright, Cory	Winston-Salem St	2:51.58
9	Kulp, Ben	Lynchburg	2:52.45
10	Abrahamson, Robert	Unc-Asheville	3:05.85

Men 3000 Meter Run

Name	Year School	Finals	
1	Heineking, Emil	Unat-Virginia	8:22.48
2	Tribble, Graham	Virginia	8:38.15
3	Williams, Roger	Virginia	8:38.83
4	Biddle-Snead, Simon	Unat-Virginia	8:38.92
5	Erickson, James	Virginia	8:41.38
6	Rodd, Ryan	Unc-Greensboro	8:47.28
7	Rittenhouse, Nathan	Bridgewater (Va.	8:48.63
8	Flynn, Ricky	Lynchburg	8:50.81
9	DeVar, Frank	Mary Washington	8:51.56
10	Rutz, Xavier	Unc-Greensboro	8:54.65
11	Wyatt, Josh	Unc-Greensboro	8:55.88
12	Hudson, Joshua	Gardner-Webb	8:57.01
13	Eckardt, Robbie	Virginia	8:57.01
14	Attema, Terrance	Campbell	8:57.52
15	Klaves, Jeff	Campbell	8:59.56
16	Lorenzoni, Alec	Unat-Virginia	9:00.44
17	Nimmo, Alex	Gardner-Webb	9:04.00
18	Driscoll, Jason	Mary Washington	9:06.85
19	Hopely, Mark	unattached - lib	9:09.54
20	Lawrence, Jonathan	Campbell	9:11.90
21	Fulton, Brian	Mary Washington	9:12.47
22	Anderson, Mark	unattached	9:16.56

23	Palmer, D.J.	unattached	9:22.00
24	Whitlock, Jordan	Liberty Universi	9:29.25
25	Ruppe, Justin	Unc-Greensboro	9:31.96
26	Cavedo, Brent	Mary Washington	9:37.52
27	Richards, Matt	unattached	9:41.81
28	Hanlon, Greg	Roanoke	9:47.82
29	Rigler, Andrew	unattached	9:52.99
30	Harrison, Eugene	Virginia State	9:59.87
31	Koech, Kenneth	Winston-Salem St	10:01.12
32	Wells, Aaron	Mars Hill	10:04.43
33	Turner, Brandon	Virginia State	10:05.85
34	Counts, Charlie	Roanoke	10:07.22
35	Litmon, Brandon	Virginia State	10:21.53
36	Lendway, Spencer	Roanoke	10:33.68
37	Mundell, Casey	Unat-Southern Vi	10:41.42

Men 5000 Meter Run

Name	Year School	Finals	
1	Moran, CW	Unat-James Madis	14:31.62
2	Whitlow, Dustin	Mars Hill	15:32.14
3	Berry, Vance	Washington & Lee	15:45.00
4	Eichberg, Ken	Campbell	15:49.03
5	Welsh, Michael	Washington & Lee	15:51.34
6	Pattyson, Jake	Mary Washington	16:01.44
7	Lopez, Josh	Campbell	16:01.68
8	Gruchacz, Keith	unattached	16:03.81
9	Curry, Winston	Mars Hill	16:25.84
10	McCain, Trey	Mars Hill	16:33.19
11	Rigler, Andrew	unattached	17:15.23
12	Levander, Ryan	Mars Hill	17:33.39
13	Solomon, Ryan	Unc-Greensboro	17:34.22
14	Young, James	Lynchburg	17:39.58
15	Roosevelt, Ben	Roanoke	18:00.91
16	Mundell, Casey	Unat-Southern Vi	18:38.77
17	Tupper, Frank	Roanoke	19:19.84

Men 60 Meter Hurdles

Name	Year School	Prelims	H#
Preliminaries			
1	moore, anwar	Nike	7.86q 5
2	townsend, fredrick	unattached	7.91q 5
3	Llanos, Enrique	Puerto Rico	7.95q 5
4	Loyd, Mike	Unat-High Point	8.06q 5
5	Parker, Matthew	Liberty Universi	8.30q 4
6	Collins, Dobson	Gardner-Webb	8.40q 5
7	Jones, Adoniss	Campbell	8.42q 5
8	Savoy, James	unattached	8.46q 4
9	Sims, Harold	Campbell	8.55 5
10	Ferris, Jeff	Liberty Universi	8.58 4
11	O'Shields, Justin	Gardner-Webb	8.79 3
12	Rucker, Johnathon	Gardner-Webb	8.81 2
13	Johnson, McKinley	Lynchburg	8.87 4
14	Richards, Davian	Virginia State	8.96 2
15	Painter, JT	Bridgewater (Va.	8.96 4
16	Benjamin, Juwann	Unat-Mars Hill	8.97 3
17	Ward, Damien	Bridgewater (Va.	8.98 4

18	Turner, Gerald	Virginia State	9.01	3
19	Nagel, Bradley	Mars Hill	9.33	2
20	Fenwick, Keenan	Bridgewater (Va.	9.37	3
21	Gottenkieny, Charles	Lynchburg	9.47	1
22	Herlihy, Sean	Mary Washington	9.48	1
23	Craver, Michael	Mars Hill	9.74	1
24	Voung, Phillip	Lynchburg	9.78	3
25	Barber, William	Mars Hill	9.81	3
26	Dawson, Stephen	Brevard	9.83	4
27	Barry, Nathan	Roanoke	10.04	1
28	Nunnally, Steven	Roanoke	10.10	1
29	Town, Danny	Lynchburg	10.36	3

Men 60 Meter Hurdles

Name	Year School	Finals
1	townsend, fredrick	unattached 7.82
2	Loyd, Mike	Unat-High Point 7.99
3	Llanos, Enrique	Puerto Rico 8.02
4	Parker, Matthew	Liberty Universi 8.20
5	Collins, Dobson	Gardner-Webb 8.34
6	Savoy, James	unattached 8.50

Men 4x400 Meter Relay

School	Finals	H#
1 Lynchburg 'A'	3:22.89	4
2 Winston-Salem St. 'A'	3:22.98	4
3 Virginia State 'A'	3:25.36	4
4 Liberty University 'A'	3:25.98	3
5 Campbell 'A'	3:30.23	4
6 Liberty University 'B'	3:31.49	2
7 Winston-Salem St. 'B'	3:32.65	3
8 Bridgewater (Va.) 'A'	3:33.24	3
9 Virginia State 'B'	3:33.73	1
10 Eastern Mennonite 'A'	3:34.09	3
11 Methodist 'A'	3:35.29	1
12 Unc-Asheville 'A'	3:37.92	2
13 Mary Washington 'A'	3:38.79	2
14 Mars Hill 'A'	3:38.80	2
15 Mary Washington 'B'	3:50.97	1

Men 4x800 Meter Relay

School	Finals
1 Unc-Greensboro 'A'	8:01.09
2 Mary Washington 'A'	8:12.06
3 Lynchburg 'A'	8:22.28
4 Mars Hill 'A'	8:24.48

Men High Jump

Name	Year School	Finals
1	Bryant, Anthony	unattached - lib 2.09m 6-10.25
2	Parker, Matthew	Liberty Universi 2.04m 6-08.25

3	Thornell, Pat	Methodist	1.94m	6-04.25
4	German, Justin	Mary Washington	J1.94m	6-04.25
5	Dooms, Clifton	unattached	J1.94m	6-04.25
6	Rucker, Johnathon	Gardner-Webb	1.89m	6-02.25
7	Ward, Damien	Bridgewater (Va.	1.84m	6-00.50
7	Benjamin, Juwann	Unat-Mars Hill	1.84m	6-00.50
7	Montague, Donte	Bridgewater (Va.	1.84m	6-00.50
7	Allison, Phillip	Mary Washington	1.84m	6-00.50
11	Castle, Ryan	Washington & Lee	J1.84m	6-00.50
12	Moore, Landon	Eastern Mennonit	1.79m	5-10.50
12	McNaughton, Ian	Lynchburg	1.79m	5-10.50
12	Underwood, Wes	Roanoke	1.79m	5-10.50
12	Graves, Earl	Lynchburg	1.79m	5-10.50

Men Pole Vault

Name	Year School	Finals		
1	Decker, Scott	Lynchburg	4.85m	15-11.00
2	Inge, Daniel	unattached	4.65m	15-03.00
3	Shepherd, Kolby	Liberty Universi	J4.65m	15-03.00
4	Longshore, Jeremy	Gardner-Webb	4.50m	14-09.00
5	Savini, Justin	Liberty Universi	4.35m	14-03.25
6	Reed, Adam	Gardner-Webb	4.20m	13-09.25
7	Armstrong, Matt	Bridgewater (Va.	3.90m	12-09.50
7	Savini, Matt	Liberty Universi	3.90m	12-09.50
9	Rudd, Casey	Lynchburg	3.60m	11-09.75
9	Harris, John	Bridgewater (Va.	3.60m	11-09.75
11	Hollis, Dwayne	Virginia State	J3.60m	11-09.75

Men Long Jump

Name	Year School	Finals		
1	Wallace, Anthony	unattached	7.40m	24-03.50
2	Tilly, Sam	Campbell	7.31m	23-11.75
3	Davis, Bryant	Gardner-Webb	6.65m	21-10.00
3	Brunson, Robert	Campbell	6.65m	21-10.00
5	Ramey, Charles	Virginia State	6.59m	21-07.50
6	Polzine, Anthonu	Fitness by Desig	6.56m	21-06.25
7	Jones, Adoniss	Campbell	6.42m	21-00.75
8	Legins, James	Winston-Salem St	6.40m	21-00.00
9	Jobson-Brown, Ramon	Unc-Greensboro	6.36m	20-10.50
10	Davis, Robert	Virginia State	6.34m	20-09.75
11	Graves, Earl	Lynchburg	6.33m	20-09.25
12	Ferguson, Wayne	Virginia State	6.25m	20-06.25
13	Underwood, Wes	Roanoke	6.20m	20-04.25
14	Beasley, Will	Unc-Asheville	5.93m	19-05.50
15	Edwards, Cleveland	Liberty Universi	5.92m	19-05.25
16	Johnson, McKinley	Lynchburg	5.87m	19-03.25
17	Tolbert, Willie	Lynchburg	5.85m	19-02.50
18	Castle, Ryan	Washington & Lee	5.84m	19-02.00
19	Graham, Chris	Mid Atlantic Eli	5.79m	19-00.00
20	Lewis, Jeremy	Bridgewater (Va.	5.73m	18-09.75
21	Bender, Brad	Washington & Lee	5.70m	18-08.50
22	Harrison, Kevin	Roanoke	5.66m	18-07.00
23	Brusich, Evan	Gardner-Webb	5.64m	18-06.00
24	Housley, Trent	Unat-Southern Vi	5.54m	18-02.25
25	Maxwell, Josh	Mars Hill	5.35m	17-06.75
26	Voung, Phillip	Lynchburg	5.32m	17-05.50

27	Haynie, Elliott	Gardner-Webb	5.31m	17-05.25
28	Barry, Nathan	Roanoke	5.19m	17-00.50
29	Jones, Stanley	Brevard	4.78m	15-08.25

Men Triple Jump

Name	Year School	Finals	
1 Powell, Clarence	Liberty Universi	15.23m	49-11.75
2 Bryant, Anthony	unattached - lib	15.00m	49-02.50
3 Galloway, Eugene	Fitness by Desig	14.37m	47-01.75
4 Ahmad, Omar	Unc-Asheville	13.33m	43-09.00
5 Pittman, Vonszell	Gardner-Webb	13.29m	43-07.25
6 Ramey, Charles	Virginia State	13.04m	42-09.50
7 Jones, Adoniss	Campbell	12.83m	42-01.25
8 Davis, Bryant	Gardner-Webb	12.68m	41-07.25
9 Ferris, Jeff	Liberty Universi	12.44m	40-09.75
10 Thornell, Pat	Methodist	12.22m	40-01.25
11 Medlin, Josh	Liberty Universi	12.10m	39-08.50
12 Underwood, Wes	Roanoke	12.09m	39-08.00
13 Dawson, Stephen	Brevard	12.04m	39-06.00
13 Moore, Landon	Eastern Mennonit	12.04m	39-06.00
15 Harrison, Kevin	Roanoke	12.01m	39-05.00
16 Castle, Ryan	Washington & Lee	11.72m	38-05.50
17 Johnson, McKinley	Lynchburg	11.62m	38-01.50
18 Tolbert, Willie	Lynchburg	11.40m	37-05.00

Men Shot Put

Name	Year School	Finals	
1 Cook, Jason	South Carolina	16.34m	53-07.50
2 Hart, Jon	Liberty Universi	16.20m	53-01.75
3 Turner, Nathan	Bridgewater (Va.	15.65m	51-04.25
4 Bartels, Andrew	Liberty Universi	15.08m	49-05.75
5 Meyers, Steve	unattached	15.05m	49-04.50
6 Pickle, Eric	Virginia	14.79m	48-06.25
7 Knippen, Matt	Gardner-Webb	14.53m	47-08.00
8 Ames, Bryan	Campbell	14.14m	46-04.75
9 Brown, Mark	Winston-Salem St	13.55m	44-05.50
10 Galeone, Elliott	unattached - lib	13.14m	43-01.50
11 Thomas, CJ	Bridgewater (Va.	12.81m	42-00.50
12 Corriher, Daniel	Unc-Asheville	12.78m	41-11.25
13 Fawley, Nick	Bridgewater (Va.	12.75m	41-10.00
14 Hoffert, Bobby	Roanoke	12.72m	41-08.75
15 Billington, Billy	Washington & Lee	12.62m	41-05.00
16 Pavia, John Michael	Lynchburg	12.53m	41-01.50
17 Reid, Dan	Lynchburg	11.78m	38-07.75
18 Clarke, Richard	Mars Hill	11.35m	37-03.00
19 Wilson, Ben	Washington & Lee	11.28m	37-00.25
20 Murphy, Jake	Unat-Southern Vi	10.09m	33-01.25
21 Haake, Simon	Unc-Asheville	9.95m	32-07.75
22 Viscome, Greg	Lynchburg	9.60m	31-06.00
23 Haynie, Elliott	Gardner-Webb	9.30m	30-06.25
24 Broadnax, Alan	Mars Hill	8.38m	27-06.00
25 Anthony, Brandon	Mars Hill	8.16m	26-09.25
26 Brusich, Evan	Gardner-Webb	7.59m	24-11.00

Men Weight Throw

Name	Year School	Finals
1 Hart, Jon	Liberty Universi	19.40m 63-07.75
2 Henderson, Clendon	Liberty Universi	17.88m 58-08.00
3 Cook, Jason	South Carolina	16.52m 54-02.50
4 Turner, Nathan	Bridgewater (Va.	15.27m 50-01.25
5 Billington, Billy	Washington & Lee	15.16m 49-09.00
6 Knippen, Matt	Gardner-Webb	14.54m 47-08.50
7 Hutschalik, Christoph	Gardner-Webb	14.13m 46-04.25
8 Galle, Kyle	Virginia	13.42m 44-00.50
9 Reid, Dan	Lynchburg	13.09m 42-11.50
10 Hoffert, Bobby	Roanoke	12.60m 41-04.25
11 Edwards, Kyle	Lynchburg	12.57m 41-03.00
12 Corriher, Daniel	Unc-Asheville	12.39m 40-07.75
13 Barrett, Steve	Liberty Universi	12.25m 40-02.25
13 Scruggs, Keith	Unc-Asheville	12.25m 40-02.25
15 Bell, Thomas	Bridgewater (Va.	12.01m 39-05.00
16 Pavia, John Michael	Lynchburg	11.73m 38-06.00
17 Blanton, Brandon	Gardner-Webb	11.59m 38-00.25
18 Galeone, Elliott	unattached - lib	11.23m 36-10.25
19 Stout, Wes	Bridgewater (Va.	10.77m 35-04.00
19 Ennis, Blaze	Bridgewater (Va.	10.77m 35-04.00
21 Murphy, Hunter	Roanoke	10.65m 34-11.25
22 Wilson, Ben	Washington & Lee	10.55m 34-07.50
23 Viscome, Greg	Lynchburg	10.33m 33-10.75

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Year School	Finals	H#	Points
1 McGill, Curt	South Carolina	8.62	1	832
2 Newell, Dan	Liberty Universi	8.75	1	802
3 Riggins, Dominique	unattached	9.03	2	739
4 Brelsford, Logan	unattached	9.28	2	685
5 Pierce, Scott	South Carolina	9.29	1	683
6 Lingafelt, Kyle	unattached	11.09	2	354
7 Keenan, Michael	Washington & Lee	11.40	1	308

Heptathlon: #6 Men Pole Vault Heptathlon

Name	Year School	Finals	Points
1 Newell, Dan	Liberty Universi	4.25m 13-11.25	688
2 Lingafelt, Kyle	unattached	4.15m 13-07.25	659
3 McGill, Curt	South Carolina	3.95m 12-11.50	603
4 Brelsford, Logan	unattached	3.85m 12-07.50	576
5 Pierce, Scott	South Carolina	3.25m 10-08.00	418
5 Riggins, Dominique	unattached	3.25m 10-08.00	418
7 Keenan, Michael	Washington & Lee	2.45m 8-00.50	231

Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Year School	Finals	Points
1 Pierce, Scott	South Carolina	2:46.76	800
2 Newell, Dan	Liberty Universi	2:50.45	761
3 Riggins, Dominique	unattached	3:03.72	628
4 Keenan, Michael	Washington & Lee	3:10.46	565
5 McGill, Curt	South Carolina	3:11.46	556
6 Brelsford, Logan	unattached	3:19.80	483

7 Lingafelt, Kyle unattached 3:20.22 480

Men Heptathlon

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Name	Year	School	Finals
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1	Newell, Dan	Liberty Universi	5155
2	McGill, Curt	South Carolina	4990
3	Pierce, Scott	South Carolina	4613
4	Brelsford, Logan	unattached	4484
5	Riggins, Dominique	unattached	4154
6	Lingafelt, Kyle	unattached	3540
7	Keenan, Michael	Washington & Lee	2675