

2014 Methodist University Physician Assistant Program 5K Run
Saturday, September 13, 2014 at 7:00 am
Methodist University Campus
Fayetteville, NC

**Join us in making a meaningful impact on the educational development of the future
healthcare providers of Fayetteville and the Carolinas!**

What:

5K (3.1 mile) run/walk.

This race isn't a qualifier for the Boston Marathon, but meant to be fun for all levels of runners!! Times will be kept by stopwatches, not official bib or shoe timers.

Where:

Methodist University Campus. Start/Finish line will be located at the baseball facilities.

When:

Saturday, September 13, 2014 at 7:00 am

Packet Pick-Up/Registration:

- Advanced pickup at the PA facilities: Friday, September 12th from 4:00 pm-6:00 pm.
- Day of at start/finish line: at 6:00 am

Cost:

- All costs below indicate **advanced** registration fees and include a t-shirt.
 - **Non-MU** faculty/staff/student: \$25
 - MU fac/staff/student/PA alumni: \$20
- An additional \$5 will be charged to those who register the day of the race. Please note if you register the day of a t-shirt is not guaranteed.

FAQs:

- Can I bring a stroller? Yes.
- May I bring a pet? We love pets, but no.
- What drinks/food will be available? Gatorade, water, coffee, bananas and oranges will be available at the registration table for free. Water stops will be available throughout the race.
- Are young kids allowed to run/walk? Yes, but anyone under the age of 16 must be accompanied by an adult.
- What are the prizes? The top 3 females and males will receive a prize (i.e gift card and a MU sling bag).
- May I wear headphones while I run? Yes, as long as you are able to hear instructions.
- Do I have to run the whole race? No, this is a fun run/walk.
- Is there a time limit to complete the course? Yes, participants have an hour and a half (by 8:30 am) to complete the course.
- Is the course hilly? Most of the course is flat with minimal hills, but there is a large hill at the beginning of the race. Don't worry, going down the hill to the finish line will be much easier.

Registration

- Available online by clicking [here](#) or copy and paste the following link in your browser:
<http://www.active.com/fayetteville-nc/running/methodist-university-physician-assistant-program-5k-run-2014>



Contact

- For questions regarding the race please contact Jennifer Mish at jmish@methodist.edu or (910) 630-7615.