



Flood / Mold Remediation (FMR)

29 CFR 1910.141

METHODIST UNIVERSITY

Environmental Health and Safety Office

Flood / Mold Remediation (FMR)

29 CFR 1910.141 OSHA Workplace Sanitation and Health Hazards

**Revision 3
August 2016**

Estimated time to review: 60 – 90 minutes

Review of this document needs to be completed prior to working with hazardous chemicals or materials in a laboratory setting

DOCUMENT REVIEW LOG

May 7th, 2018..... Updated by Dempster
August 21st, 2016 Updated by Blackley
July 9th, 2015 Updated by Blackley
December 17th, 2013..... Approved by University President
October 7th, 2013..... Original Document Created

Table of Contents

Policy Statement.....	4
1.0 Purpose.....	4
2.0 Scope.....	4
3.0 Responsibilities.....	5
4.0 Procedures.....	5
4.1 Flowchart.....	6
4.2 Health & Safety.....	6
4.3 Inspections.....	6
4.4 Water Release and Leak Cleanup Strategies.....	6
4.5 Moisture Control.....	8
4.6 Remove Excess Water.....	8
4.7 Remove Wet Materials.....	8
4.8 Drying Strategies.....	8
4.9 Dehumidification/Ventilation/Air Circulation.....	8
4.10 Documentation.....	9
4.11 Mold Growth.....	9
5.0 Health Concerns.....	12
6.0 Remediation Resources.....	12
6.1 Environmental Protection Agency.....	12
6.2 North Carolina Department of Health.....	12
6.3 OSHA.....	12
6.4 s.....	11

Statement

This document is in compliance with 29 CFR 1910.141, —Sanitation of the Workplace and covers all applicable white papers and guides put out on mold remediation.

1.0 Purpose

- Outline proper methods for cleanup and disposal following an indoor water release (flood), which may result in damaged building materials.
- The prompt cleanup of water is necessary to minimize property loss and prevent microbial growth.
- Detail proper methods for mold remediation. It is also essential to identify and eliminate the source of moisture that has contributed to mold growth as part of the remediation process.

2.0 Scope

The procedures outlined in this document are provided as general guidance for use throughout university facilities. These procedures are based on several relevant remediation guidelines, which categorize water damage restoration and mold remediation strategies based on the extent (i.e., square footage) of contiguous mold growth observed. While contiguous areas of mold growth and the extent of water damage are useful values, many situations require incident specific judgment and expertise to ensure successful restoration. Whenever the following conditions are present or suspected, Methodist University (MU) Office of Environmental Health and Safety (EHS) must be contacted for consultation and cleanup assistance.

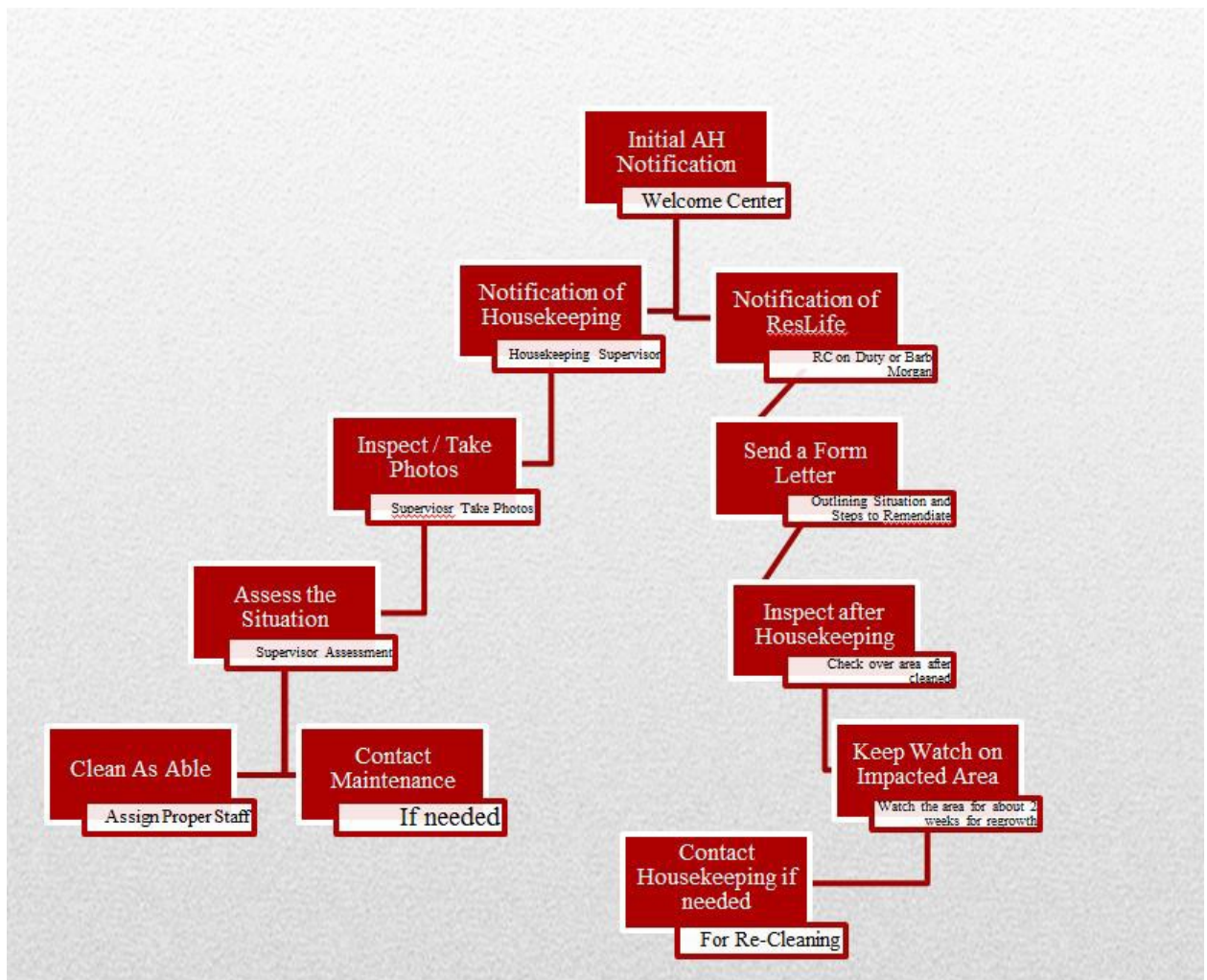
- If the source of the water is NOT clean (e.g., not potable) or is suspected of being contaminated (i.e., with chemical or biological sources), such as sewage, wastewater from food preparation or other similar areas, drainage from sinks in laboratory and/or medical settings.
- Large areas of mold growth (greater than approximately 25 contiguous square feet).
- Events that occur in occupied areas, particularly in situations that involve concerned occupants or where spaces may need to be vacated for remediation/restoration.
- Any water leak or mold growth situations in sensitive indoor environments, including all residential facilities, research laboratories and human research spaces.
- If water and/or mold-damaged building materials are suspected to contain asbestos or other regulated materials.

- Any events or conditions that may require the use of outside resources (i.e., remediation contractors or environmental consultants).
- Events where specific documentation and/or testing (i.e., moisture or relative humidity levels) may be required to verify effectiveness of the response action, such as insurance claims.

Although the items listed above require EHS involvement, there may be other instances where EHS should be consulted.

3.0 Responsibilities

It is the responsibility of all MU Facilities Operations and Development (FOD) employees who respond to indoor floods (releases) to review and follow guidelines established in this SOP and share it with all other responders.



4.0 Procedures

4.1 Flowchart

Follow the established MU Health Hazards Processing Flow Chart (attached – Appendix A). A necessity of an effective cleanup requires a timely response to the water release

4.2 Health & Safety

Water damaged buildings and materials and the investigation and performance of water damage restoration work can create and expose workers to a wide range of health and safety concerns.

Potential hazards include, but are not limited to: exposure to microbial contaminants, chemicals, lead and asbestos; electrical shock and slip-and-fall hazards.

Appropriate safety procedures and personal protective equipment (PPE) shall be used to protect employees. Building occupants should be notified of, and protected from, similar health and safety issues.

4.3 Inspections

Upon initial inspection, the affected area should be evaluated documenting the source and time of the water release or mold viewing, visible material deterioration, pre-existing damage and any previous mold growth.

4.4 Water Release and Leak Cleanup Strategies

The following Table 1 presents strategies to respond to water damage. These guidelines are designed to help avoid the need for remediation of mold by taking quick action before growth starts. It is essential that water-impacted materials be dried and/or removed as soon as possible following a leak event to minimize the possibility for mold growth. The EPA suggests materials be dried and/or removed within 48-hours following a water release event to minimize the potential for mold growth. It is also important to visually monitor materials for mold growth during the drying period. Depending on the size of the area involved and resources available, professional assistance may be needed to dry an area quickly and thoroughly.

Table 1 Water Damage – Cleanup and Microbial Growth Prevention (http://epa.gov/mold/table1.html)	
<i>Guidelines for response to clean up water damage and to help prevent microbial growth.</i>	
Water-Damaged	Action(s):

Books & Papers	<ul style="list-style-type: none"> • For non-valuable items, discard books and papers. • Photocopy valuable/important items, discard originals. • Freeze (in frost-free freezer or meat locker) or freeze-dry.
Carpet & Backing (dry within 24-48 hours)	<ul style="list-style-type: none"> • Remove water with water extraction vacuum. • Reduce ambient humidity levels with dehumidifier. • Accelerate drying process with fans. • Steam clean. • Ensure the subfloor under the carpet is clean and dry.
Ceiling Tiles	<ul style="list-style-type: none"> • Discard and replace.
Cellulose Insulation	<ul style="list-style-type: none"> • Discard and replace.
Concrete or cinder block	<ul style="list-style-type: none"> • Remove water with water extraction vacuum. • Accelerate drying process with dehumidifiers, fans, and/or
Fiberglass Insulation	<ul style="list-style-type: none"> • Discard and replace.
Hard surface, porous flooring (Linoleum, ceramic tile, vinyl)	<ul style="list-style-type: none"> • Vacuum or damp wipe with water and mild detergent and allow to dry; scrub if necessary. • If suspected to be in need of attention, check to make sure sub-flooring is dry; dry sub-flooring if necessary.
Non-porous, hard surfaces	<ul style="list-style-type: none"> • Vacuum or damp wipe with water and mild detergent and allow to dry; scrub if necessary.
Upholstered furniture	<ul style="list-style-type: none"> • Remove water with water extraction vacuum. • Accelerate drying process with dehumidifiers, fans, and/or heaters. • May be difficult to completely dry within 48 hours. If the piece is valuable, you may wish to consult a
Wallboard (Drywall and gypsum board)	<ul style="list-style-type: none"> • May be dried in place if there is no obvious swelling and the seams are intact. If not, remove, discard, and replace. "When in doubt, tear it out." • Ventilate the wall cavity, if possible and safe to do so. Do not direct fans toward contaminated (i.e. asbestos, mold, etc.)
Window Drapes	<ul style="list-style-type: none"> • Follow laundering or cleaning instructions recommended by the manufacturer.
Wood Surfaces	<ul style="list-style-type: none"> • Remove moisture immediately and use dehumidifiers, gentle heat, and fans for drying. (Use caution when applying heat to hardwood floors.) • Treated or finished wood surfaces may be cleaned with mild detergent and clean water and allowed to dry.

If mold growth has occurred or is suspected, consult Table 2 for proper guidelines for mold remediation/prevention. *Note: mold growth can occur sooner than and after 48 hours; the EPA provides this time as a suggestion only. If there is doubt, a professional should be consulted.

*Note: these guidelines are for damage caused by **clean water**. If contamination (i.e., chemical, radiological or biological) is suspected, contact the **Office of Environmental Health & Safety** for consultation and cleanup assistance. In this case, proper Personal Protective Equipment and adherence to OSHA Standards are required. Do not use fans before determining that the water is clean or sanitary. Also, if damaged building tiles are suspected to contain asbestos or other regulated materials, contact the Office of Environmental Health & Safety for analysis / consultation prior to disrupting the regulated building material.

Further remediation information is available in the IICRC S500-2006 *Standard and Reference Guide for Professional Water Damage Restoration*.

4.5 **Moisture Control**

Moisture problems should be identified, located and corrected or controlled as soon as possible. *Any problems with moisture should be submitted via a work order to the maintenance department with HVAC as the subject area.*

4.6 **Remove Excess Water**

Excess water should be collected and removed from structural components, contents and systems at the beginning of the restoration process.

4.7 **Remove Wet Materials**

After excess water is cleaned-up, remove unsalvageable wet materials from the affected areas. If this process may create dust and/or debris in occupied or sensitive areas (e.g., wallboard removal), measures should be taken to control and isolate the work areas from surrounding spaces

4.8 **Drying Strategies**

The objective of drying is to minimize the amount of time materials spend in an abnormally wet state and to return affected materials to an acceptable level of dryness as quickly and safely as practical. Once excess water is collected and removed, evaporation of the remaining water in materials should be promoted (Table 1).

4.9 **Dehumidification/Ventilation/Air Circulation**

To avoid secondary damage, moisture evaporating into the air should be exchanged with less humid air from other sources, and/or it should be collected and removed from the air through dehumidification. Fans should also be used to direct air towards wet materials to circulate air and promote drying. Consider opening small holes along the bottom of walls (e.g., behind the cove base) to promote air circulation inside wall cavities. In addition, consider operating air-conditioning equipment serving the areas being dried continuously (i.e., 24-hours a day) to promote dehumidification and ventilation. Care should be taken to protect openings to HVAC-equipment in any area when dust generating activities may occur as a result of restoration work. Temperatures in the drying environment should be maintained to enhance the evaporation rate and effectiveness of dehumidification.

4.10 Documentation

Upon initial evaluation and throughout the restoration project, notes should be kept documenting all steps taken to correct the problem. Pictures should be taken prior to, during and after all cleanup procedures. In many instances, more extensive or specific documentation may be required or warranted; EHS should be contacted with any questions regarding documentation requirements.

4.11 Mold Growth

Water damaged building materials, especially those that are porous such as wallboard and/or ceiling tiles, that have been wet for an extended period of time or have been chronically wet can develop mold contamination. If mold growth is encountered during the course of a flood restoration project, water damage restoration activities should stop until such time that the area of existing or suspected mold contamination is contained.

Non-Water Damaged Facilities

Table 2 presents strategies to respond to mold growth when found or suspected on indoor materials, including those mentioned in Table 1. These remediation guidelines are for building materials that have or are likely to have mold growth. These guidelines are designed to protect the health of occupants and cleanup personnel during remediation and are based on the size and type of material affected by water damage and/or mold growth. If possible, remediation activities should be scheduled during off-hours when building occupants are less likely to be affected.

Although the level of personal protection suggested in these guidelines is based on the total surface area contaminated and the potential for remediator and/or occupant exposure, professional judgment should always play a part in remediation decisions. These remediation guidelines are based on the size of the affected area to make it easier for remediators to select appropriate techniques, not on the basis of health effects or research showing there is a specific method appropriate at a certain number of square feet.

In cases when extensive or hidden mold is expected, when remediation may involve demolition of moldy materials that could generate elevated airborne mold sources, or when sensitive individuals are present, a more cautious approach to remediation may be required. Always ensure the safety and protection of remediators and building occupants from exposure to mold. In all of these cases, among others (refer to section 2.0), EHS must be involved to evaluate the nature and extent of damage; to help determine the appropriate response actions and control methods; and to document the effectiveness of remediation.

Table 2: Guidelines for Remediating Building Materials with Mold Growth Caused by Clean Water (http://epa.gov/mold/table2.html)			
Material or Furnishing Affected	Cleanup Methods (See Key Below)	Personal Protective Equipment (PPE)	Containment
<i>SMALL – Total Surface Area Affected Less Than 10 square feet</i>			
Books & Papers	3	Minimum N-95 Respirator / Gloves / Goggles	None Required
Carpet & Backing	1, 3		
Concrete or cinder block	1, 3		
Hard surface, porous flooring (Linoleum, ceramic tile, vinyl)	1, 2, 3		
Non-porous, hard surfaces (Plastics, metals)	1, 2, 3		
Upholstered furniture & Drapes	1, 3		
Wallboard (Drywall and gypsum board)	2, 3		
Wood Surfaces	1, 2, 3		
Material or	Clean		
<i>MEDIUM – Total Surface Area Affected Between 10 and 100 square feet</i>			
Books & Papers	3		
Carpet & Backing	1, 3,		
Concrete or cinder block	1, 3		

Hard surface, porous flooring (Linoleum, ceramic tile, vinyl)	1, 2, 3	Limited or Full Use professional judgment, consider potential for remediator exposure and size of contaminated area	Limited Use professional judgment, consider potential for exposure and size of contaminated
Non-porous, hard surfaces (Plastics, metals)	1, 2, 3		
Upholstered furniture & Drapes	1, 3, 4		
Wallboard (Drywall and gypsum board)	2, 3, 4		
Wood Surfaces	1, 2,		
<i>LARGE – Total Surface Area Affected Greater Than 100 square feet or Potential for Increased Occupant or Remediator Exposure During Remediation Estimated to</i>			
Books & Papers	3	Full Use professional judgment, consider potential for remediator exposure and size of contaminated area	Full Use professional judgment, consider potential for remediator / occupant exposure and size of contaminated area
Carpet & Backing	1, 3,		
Concrete or cinder block	1, 3		
Hard surface, porous flooring (Linoleum, ceramic tile, vinyl)	1, 2, 3, 4		
Non-porous, hard surfaces (Plastics, metals)	1, 2, 3		
Upholstered furniture & Drapes	1, 3, 4		
Wallboard (Drywall and gypsum board)	2, 3, 4		
Wood Surfaces	1, 2, 3, 4		

Use professional judgment to determine prudent levels of PPE and containment for each situation, particularly as the remediation site size increases and the potential for exposure and health effects rises. Assess the need for increased PPE if during the remediation, more extensive contamination is encountered than was expected.

These guidelines are for damage caused by clean water. If you know or suspect the water source is contaminated with sewage or chemical or biological pollutants, notify the **EHS** for consultation and cleanup assistance.

Select the method most appropriate to the situation. Since molds gradually destroy the things they grow on, if mold growth is not addressed promptly, some items may be damaged such that cleaning will not restore their original appearance. If mold growth is heavy and items are valuable or important, consulting a restoration/water damage/remediation expert may be necessary.

*Note: these are guidelines; other cleaning methods may be preferred by some

5.0 Health Concerns

If building occupants or remediators report health concerns, they should be advised to seek medical attention / advice from MU Health Services.

6.0 Remediation Resources

6.1 Environmental Protection Agency

EPA 2001 Mold Remediation in Schools and Commercial Buildings. Washington, DC:
U.S. Environmental Protection Agency Office of Air and Radiation, Indoor Environments Division.
http://www.epa.gov/mold/mold_remediation.html

6.2 North Carolina Department of Health

6.3 OSHA

OSHA 2003 Safety and Health Information Bulletin: A Brief Guide to Mold in the Workplace. SHIP 03 -10-10.
Washington, DC: U.S. Occupational Safety and Health Administration.
<http://www.osha.gov/dts/shib/shib101003.html>

6.4