New outlook for Methodist Football

Monarchs to open season with hope and passion

By Danielle Levine
Sports Editor

Another season prepares to kick off for the Methodist University Monarchs football team. With a combination of experience and a new outlook, the Monarchs look to improve on last season’s record of 5-5.

Experience on the field

“We return veterans at every position except for free safety,” said Monarchs Head Coach Jim Sypult.

The position will be filled by freshman Mike McMillian. In fact, the starters are mostly sophomores and juniors, including All-Conference returners, Brandon Iseman, Josh Kesler, Brian Leary and Bill Samuels.

The schedule for the Monarchs comes to no surprise. “It’s the same schedule as last year … It will be challenging,” Sypult said.

With the experience that the team has, the challenging schedule looks promising.

New coaching staff

In addition to the experience on the field, the Monarchs have gained some experience on the sidelines. Coach Jerry McCombs, no stranger to the USA South Conference, has joined the Monarchs sideline as wide receiver coach. McCombs joined the Monarchs staff after serving as the offensive line coach at Averett University in Danville, Va. for six years.

When asked about his goals for the Monarchs this year, McCombs replied, “…[to] coach my guys up as good as I can.” McCombs said that he is looking forward to a successful season as a Monarch coach.

Offensive change

Last season’s starting quarterback, Jonathan Mularski, graduated in the spring, leaving the position open for junior Erik Teague to step in. Though he has only played in three games prior to this season, he went 9-for-12 on passes in his playing time.

Teague said he is pleased that he is “actually getting to play and put all the hard work to use.”

Game time

The Monarchs host the Campbell University Camels in the first home game of the season. This is the first year Campbell University has had an intercollegiate team in 58 years. The Monarchs look to deal Campbell their second loss in the season and in modern history.

The Monarchs host the Camels Sat. Sept. 6. Kick off is at 3 p.m. Entry is free with a student ID and $6 for parents and guests. Monarch Zone will be held at 1 p.m. in the faculty parking lot by the football field entrance from 11 a.m. until kick-off. Monarch Zone will have opportunities to show school spirit as the team enters a new season with determination, discipline, unity and passion.

Due to Tropical Storm Hanna, the football game has been moved to 3 p.m. on Saturday Sept. 6. In the event that weather does not allow game to be played, it will be moved to Monday.
Cross Country

Cross Country Season Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 12</td>
<td>Adidas Wolfpack Cross</td>
<td>SAS Soccer Park, Cary, NC</td>
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<tr>
<td></td>
<td>Country Invitational</td>
<td></td>
</tr>
<tr>
<td>Sept. 27</td>
<td>Greensboro Cross</td>
<td>Hagan Stone Park, Pleasant Garden, NC</td>
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<tr>
<td></td>
<td>Country Invitational</td>
<td></td>
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<tr>
<td>Oct. 11</td>
<td>Walt Disney Cross</td>
<td>Celebration, FL</td>
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<tr>
<td></td>
<td>Country Classic</td>
<td></td>
</tr>
<tr>
<td>Oct. 23</td>
<td>Third Annual Methodist</td>
<td>Methodist University, Fayetteville, NC</td>
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<tr>
<td></td>
<td>River Trail Run</td>
<td></td>
</tr>
<tr>
<td>Nov. 1</td>
<td>USA South Championships*</td>
<td>Hagan Stone Park, Pleasant Garden, NC</td>
</tr>
<tr>
<td></td>
<td>* If the team qualifies</td>
<td></td>
</tr>
</tbody>
</table>

Young team and new assistant coach seek to continue Monarch tradition

Continued from pg. 10

Last year, Tommasi spent the season without an assistant coach, and this year that has changed. Methodist University Class of 2008 graduate, Chrystal Bradley has joined Tommasi on the sideline. During her time as a Monarch, Chrystal started all four years on the soccer team, and joined the lacrosse team in the spring of 2008. She holds the record for “All-time Leading Scorer in Methodist History.”

“She will add a great deal of insight to our young team,” said Tommasi.

In terms of records, someone to watch this year is Kasey Nichols, sophomore goal keeper. Nichols is ranked 10th in “Career Saves in Methodist history.”

Tommasi said that some of the positions this season are “steady,” or he knows who will start there. Tommasi said that that information would make “a great scouting report for our opponents.” He remained vague about the information. Some positions are still open for players to earn them.

Last season the Monarchs went 17-5-0 and had a second conference championship and NCAA bid. The team is looking to improve on their record and three-peat as the conference champions.

“We are pre-season no. 1 in the USA South Conference,” stated Tommasi.

The Monarchs were ranked at no. 8 in the region this past week. The team opens up at home against Birmingham Southern of Birmingham Ala. on Sept. 13 at 2 p.m.
**Women’s Soccer**

Monarchs are on the run this season as the Cross Country team prepares for their season with dedication and promise.

The men’s team is predicted to rank fourth and women’s team is predicted fifth in the USA South Conference. Both teams are looking to improve on their predicted rank in the conference.

“I think we’re going to surprise some teams in the conference,” said Cross Country head coach Tim Ryerson. “We’re going to have a breakout year.”

The Monarchs had several team record holders graduate last year. Husein Nasiro-Sigo was the holder of second fastest time in Methodist history for the 8k run and Krystal Patton held the record for third fastest time in Methodist history for the 6k run.

Despite the loss of these key runners, Methodist has returning runners who are prepared to step up and as well as some new faces to look out for. Newcomers to the Monarchs’ trail include Mark Jernigan, Nick Sauls, and Megan Rose.

“Our three top runners are Travis Fulp, Kristy Zeiler, and Diane Starrantino,” said Ryerson.

The team looks forward to having a wonderful season filled with challenge and entertainment.

The team will travel to Celebration, Fl. to participate in the Walt Disney Cross Country Classic during fall break.

Can Methodists three-peat as conference champs?

Competitive schedule and young team seek Monarch tradition

By Danielle Levine
Sports Editor

The Methodist Women’s Soccer team has entered the season as the defending USA South Conference Champions for the second year in a row. The schedule this year will be a challenge.

“Our schedule is extremely competitive and should challenge us throughout the season,” said Monarchs’ Head Coach Tony Tommasi. According to Tommasi, the team is still young and has a lot to learn. He said that it is a process that will take time.

“We are improving each day,” said Tony Tommasi.

Continued on pg. 11

**Men’s and Women’s Cross Country ranked in top 5 for conference**

By Danielle Levine
Sports Editor
Contributions by Ashley Genova
Editor-in-Chief

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“Our three top runners are Travis Fulp, Kristy Zeiler, and Diane Starrantino,” said Ryerson.

The team looks forward to having a wonderful season filled with challenge and entertainment. The team will travel to Celebration, Fl. to participate in the Walt Disney Cross Country Classic during fall break.

 Shortly after the Classic, the team will host the 3rd Annual Methodist River Trail Run, the only meet that the Monarch will host this year.

The members of the team are excited about the upcoming season. “They’re prepared to make some noise,” Ryerson stated.

With the experience and promise that this team possesses, it is going to be a season to keep up with. The dedicated team practices regularly in preparation for their first meet on Sept. 12 in Cary.

According to Ryerson, “Right now we’re building endurance and getting some miles under our belts.”
**Volleyball**

**Volleyball Home Game Schedule**

<table>
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<tr>
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<th>Opponent</th>
<th>Time</th>
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<td>Columbia (W 0-3)</td>
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<td>Aug. 30</td>
<td>Messiah (L 3-1)</td>
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<tr>
<td>Aug. 30</td>
<td>Columbia (W 1-3)</td>
<td>N/A</td>
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<tr>
<td>Sept. 3</td>
<td>Salem (W 3-0)</td>
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<td>Sept. 17</td>
<td>Greensboro</td>
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<td>Sept. 27</td>
<td>Mary Baldwin</td>
<td>12 p.m.</td>
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<td>Sept. 27</td>
<td>Peace</td>
<td>4 p.m.</td>
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<td>Sept. 30</td>
<td>NC Wesleyan</td>
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<tr>
<td>Oct. 21</td>
<td>Meredith</td>
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</table>

By Danielle Levine

**Sports Editor**

Contributions by Daniel Lee

Staff Writer

With another fall season underway, the Monarchs are serving up some excitement in the Riddle Center. Last weekend the Monarchs hosted the Men’s Soccer Upperclassmen Invitational, in which the team finished with an early record of 2-1.

**Continued on pg. 4**

**Methodist breaks even in season opener**

It’s not only the sophomores, juniors and senior players returning to the Methodist University Soccer Complex for the 2008 season.

“Sean Brennan is our new Goalkeeper Coach,” Terranova reported.

Brennan graduated from Methodist in the spring. Brennan’s duties as a Monarch included duties as the main keeper during his senior year; with 88 saves and an All-Conference Honor-able Mention during that year.

Due to Brennan’s graduation, the goalkeeper position was left empty. Terranova needed to do some heavy recruiting in the offseason to fill the void, which he did.

“We have four great young keepers,” stated Terranova.

The Monarchs have opened the season 1-1 with two games on Aug. 30. The Monarchs have opened the season 1-1 with two games on Aug. 30. The Monarchs have opened the season 1-1 with two games on Aug. 30.

By a score of 1-0 on; and suffered a loss from Emory University of Atlanta. The Monarchs open up at home on Sept. 10 against Mt. Olive College of Mt. Olive.
Wednesday the Monarchs defeated Salem University of Winston-Salem by a score of 3-0. “Overall, for the first weekend, I’d say it was a good show,” said volleyball head coach Eddie Matthews, who is in his eighth year as the Monarchs’ head coach. The team has freshman who are getting significant playing time. Jalesty Washington and Olivia Whitehart, who are outside hitters, and Kelsey Yates, who is a defensive specialist, have made their way into the playbooks for the Monarchs. The season is full of chances to improve. “We still got a lot of things we’re trying to implement into our offense,” said Matthews. “I think we’re going to surprise a lot of people this year.” The Monarchs have a busy season with 31 matches. It is not capability but effort that will determine the outcome of this season. “We try to do what we’re capable of doing [at] every game and every practice,” said Matthews. “We try to play our strengths and exploit our offense.” With the season already underway, the Monarchs have a good start. Last season when they opened they had a 1-2 start. The Monarchs do not play at home again until Sept. 17. Meanwhile there are five away games, including the Maroon Classic in Salem, VA hosted by Roanoke College. “I hope to get a few games under our belt with the tournament,” said Matthews.

Better start for Monarchs’ Volleyball

continued from pg. 3

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Monarchs enter season of change

Terranova recruited “best class ever”

By Danielle Levine
Sports Editor

The Methodist University Men’s Soccer team enters a new season with a full team. The team consists of 23 freshman and 12 returning players. Monarchs Head Coach Justin Terranova called the newcomers, “…our best freshman class ever.” Last season, the soccer team went 11-7-2. The team has not yet played in conference this year. However, they were ranked fourth during the pre-season in the USA South Conference.

Continued on pg. 9

Picture courtesy of Sports Information

Above is team getting ready to play left is freshman Melissa Mott
Right below is junior Libero Jordan Grady Pictures by Matt Beitzel

Above is junior Kelsey Carter Pictures by Aaron Casteel

SPECIAL THANKS TO KIRBIE BRITT AND SPORTS INFORMATION

Picture by Matt Beitzel
Meet the Offense

12

22

49

18

71

63

67

76

66

88

6

Meet the Defense

23

43

36

40

77

97

42

38

17

6

Check out page 12 for the full article
Meet the Offense

Erik Teague
Junior QB
No. 12

Jason Layton
Junior FB
No. 49

Erik Teague
Junior WR
No. 6

Corey McGuire
Sophomore RB
No. 22

Chris Peoples
Senior TE
No. 88

Devin Goodman
Sophomore WR
No. 18

Josh Kesler
Junior C
No. 67

Jake Patton
Sophomore RT
No. 66

Bill Samuels
Junior LT
No. 71

Justin Gray
Junior RG
No. 76

Brandon Iseman
Junior LG
No. 63

Photos courtesy of Sports Information.

Meet the Defense

Junior OLB
No. 43

Darrin Gocham
Sophomore ILB
No. 36

Sophomore OLB
No. 42

Demory Williams
Sophomore ILB
No. 36

Sophomore ILB
No. 42

Junior C
No. 23

Demir Williams
Sophomore ILB
No. 36

Senior C
No. 17

Antonio Bartee
Sophomore DT
No. 97

Senior DT
No. 40

Freshman FS
No. 25

Sophomore NG
No. 77

Mike McMillian
Freshman FS
No. 25

Check out page 12 for the full article
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Picture by Matt Beitzel

Picture courtesy of Sports Information
**Volleyball victorious**

By Danielle Levine

*Sports Editor*

With another fall season underway, the Monarchs volleyball team is serving up some excitement in the Riddle Center. Last weekend the Monarchs hosted the Monarch Labor Day Invitational, in which the team finished with an early record of 2-1.

On Fri the Monarchs faced Columbia College of Columbia SC and were victorious by a score of 3-0. Sat, the Monarchs faced Messiah College of Grantham, PA, and lost by a score of 3-1. The Monarchs then defeated Columbia again by a score of 3-1.

Continued on pg. 4

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**FRESHMEN**

Ricky Pallanez
Cody Schaffer
Nelson Sanchez
Kyle Daugherty
Scott Davis
Darren Wilson
Miguel Uribe Flores
Jason Casco
Stan Pajak
Jeff Fallier
Stephen Fox
Charles Bartlett
Andrew Godinez
Michael Poole
James Bottomley
Kyle Beach
Ryan Weaver
Patrick Van Cura
Patrick Murphy
Davis Brandle
Julian Hart
Martin Jones
Cory Harrison

Methodist breaks even in season opener

Continued from pg. 8

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“We have four great young keepers,” stated Terranova. The freshman keepers include 6-foot Cody Schaffer; 6-foot-2-inch Patrick Murphy; 6-foot-2-inch Cory Harrison; and 6-foot-8-inch Kyle Beach. The Monarchs have size as an advantage in the goal.

The goalkeepers and freshmen are not the only ones to be looking out for this year. “Look for our senior leadership to help guide us toward our goals,” said Terranova.

The Monarchs have opened the season 1-1 with two games on Aug. 30. The Monarchs were victorious over Oglethorpe University of Atlanta by a score of 1-0; and suffered a loss from Emory University of Atlanta. The Monarchs open up at home on Sept. 10 against Mt. Olive College of Mt. Olive.
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Women’s Soccer

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<td>@ Spelman (W 3-1)</td>
<td>N/A</td>
</tr>
<tr>
<td>Aug. 30</td>
<td>@ Emory (L 0-2)</td>
<td>N/A</td>
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<tr>
<td>Sept. 13</td>
<td>Birmingham Southern</td>
<td>2 p.m.</td>
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<tr>
<td>Sept. 20</td>
<td>Lynchburg</td>
<td>2 p.m.</td>
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<td>Sept. 24</td>
<td>Peace</td>
<td>3 p.m.</td>
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<td>Sept. 27</td>
<td>Ferrum</td>
<td>2 p.m.</td>
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<td>Sept. 28</td>
<td>Bridgewater</td>
<td>2 p.m.</td>
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<td>Oct. 4</td>
<td>Averett</td>
<td>1 p.m.</td>
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<td>Oct. 19</td>
<td>N.C. Wesleyan</td>
<td>2 p.m.</td>
</tr>
<tr>
<td>Nov. 1</td>
<td>Meredith</td>
<td>2 p.m.</td>
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By Danielle Levine
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According to Tommasi, the team is still young and has a lot to learn. He said that it is a process that will take time. “We are improving each day,” said Tony Tommasi.

Continued on pg. 11

WOMEN’S ROSTER

<table>
<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Catherine Ballard</td>
<td>Freshman</td>
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<tr>
<td>Heather Brayton</td>
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<td>Kaitlin Flaherty</td>
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<tr>
<td>Jennifer Kiner</td>
<td>Junior</td>
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<td>Megan Rose</td>
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MEN’S ROSTER

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<td>Paul Bernard</td>
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<tr>
<td>Shanter Chaparro</td>
<td>Sophomore</td>
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<tr>
<td>Travis Fulp</td>
<td>Sophomore</td>
</tr>
<tr>
<td>Mark Jermigan</td>
<td>Freshman</td>
</tr>
<tr>
<td>Julian Mask</td>
<td>Freshman</td>
</tr>
<tr>
<td>Frank Olivarez</td>
<td>Sophomore</td>
</tr>
<tr>
<td>Chase Pattillo</td>
<td>Junior</td>
</tr>
<tr>
<td>Paris Ryan</td>
<td>Sophomore</td>
</tr>
<tr>
<td>Nick Sauls</td>
<td>Freshman</td>
</tr>
<tr>
<td>Marc Slade</td>
<td>Sophomore</td>
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Cross Country

Cross Country Season Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>Sept. 12</td>
<td>Adidas Wolfpack Cross</td>
<td>SAS Soccer Park,</td>
</tr>
<tr>
<td></td>
<td>Country Invitational</td>
<td>Cary, NC</td>
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<tr>
<td>Sept. 27</td>
<td>Greensboro Cross</td>
<td>Hagan Stone Park,</td>
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<tr>
<td></td>
<td>Country Invitational</td>
<td>Pleasant Garden, NC</td>
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<tr>
<td>Oct. 11</td>
<td>Walt Disney Cross</td>
<td>Celebration, FL</td>
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<td></td>
<td>Country Classic</td>
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<tr>
<td>Oct. 23</td>
<td>Third Annual Methodist</td>
<td>Methodist University,</td>
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<td></td>
<td>River Trail Run</td>
<td>Fayetteville, NC</td>
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<tr>
<td>Nov. 1</td>
<td>USA South Championships*</td>
<td>Hagan Stone Park,</td>
</tr>
<tr>
<td></td>
<td>* If the team qualifies</td>
<td>Pleasant Garden, NC</td>
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WOMEN'S SOCCER ROSTER

<table>
<thead>
<tr>
<th>Name</th>
<th>Grade</th>
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<tbody>
<tr>
<td>Sara Altman</td>
<td>FR</td>
</tr>
<tr>
<td>Kasey Nichols</td>
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<tr>
<td>Danielle Minichello</td>
<td>FR</td>
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<tr>
<td>Ashley Kolano</td>
<td>JR</td>
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<td>Christina Varnell</td>
<td>JR</td>
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<tr>
<td>Marissa Kuzbyt</td>
<td>FR</td>
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<tr>
<td>Amber Jurkovic</td>
<td>SO</td>
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<tr>
<td>Whitney Roberson</td>
<td>JR</td>
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<tr>
<td>Jillian Reed</td>
<td>FR</td>
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<tr>
<td>Catherine Ramsay</td>
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<tr>
<td>Alyssa Plourde</td>
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<tr>
<td>Michelle Anderson</td>
<td>JR</td>
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<td>Lindsey Oliphant</td>
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<td>Lauren Colenda</td>
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<tr>
<td>Christine Ellington</td>
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<tr>
<td>Erica Nath</td>
<td>JR</td>
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<td>Faye Charles</td>
<td>SO</td>
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<tr>
<td>Ally Feller</td>
<td>FR</td>
</tr>
<tr>
<td>Allie Jennings</td>
<td>FR</td>
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<tr>
<td>Kelly Orpin</td>
<td>FR</td>
</tr>
</tbody>
</table>

Young team and new assistant coach
seek to continue Monarch tradition

Continued from pg. 10

Last year, Tommasi spent the season without an assistant coach, and this year that has changed. Methodist University Class of 2008 graduate, Chrystal Bradley has joined Tommasi on the sideline. During her time as a Monarch, Chrystal started all four years on the soccer team, and joined the lacrosse team in the spring of 2008. She holds the record for “All-time Leading Scorer in Methodist History.”

“She will add a great deal of insight to our young team,” said Tommasi.

In terms of records, someone to watch this year is Kasey Nichols, sophomore goal keeper. Nichols is ranked 10th in “Career Saves in Methodist history.”

Tommasi said that some of the positions this season are “steady,” or he knows who will start there. Tommasi said that that information would make “a great scouting report for our opponents.” He remained vague about the information. Some positions are still open for players to earn them.

Last season the Monarchs went 17-5-0 and had a second conference championship and NCAA bid. The team is looking to improve on their record and three-peat as the conference champions.

“We are pre-season no. 1 in the USA South Conference,” stated Tommasi. The Monarchs were ranked at no. 8 in the region this past week. The team opens up at home against Birmingham Southern of Birmingham Ala. on Sept. 13 at 2 p.m.
New outlook for Methodist Football

Monarchs to open season with hope and passion

By Danielle Levine
Sports Editor

Another season prepares to kick off for the Methodist University Monarchs football team. With a combination of experience and a new outlook, the Monarchs look to improve on last season’s record of 5-5.

Experience on the field

“We return veterans at every position except for free safety,” said Monarchs Head Coach Jim Sypult.

The position will be filled by freshman Mike McMillian. In fact, the starters are mostly sophomores and juniors, including All-Conference returners, Brandon Iseman, Josh Kesler, Brian Leary and Bill Samuels.

The schedule for the Monarchs comes in no surprise. “It’s the same schedule as last year … It will be challenging,” Sypult said.

With the experience that the team has, the challenging schedule looks promising.

New coaching staff

In addition to the experience on the field, the Monarchs have gained some experience on the sidelines. Coach Jerry McCombs, no stranger to the USA South Conference, has joined the Monarchs sideline as wide receiver coach. McCombs joined the Monarchs staff after serving as the offensive line coach at Averett University in Danville, Va. for six years.

When asked about his goals for the Monarchs this year, McCombs replied, “[to] coach my guys up as good as I can.” McCombs said that he is looking forward to a successful season as a Monarch coach.

Offensive change

Last season’s starting quarterback, Jonathan Mularski, graduated in the spring, leaving the position open for junior Erik Teague to step in. Though he has only played in three games prior to this season, he went 9-for-12 on passes in his playing time.

Teague said he is pleased that he is “actually getting to play and put all the hard work to use.”

Coach’s strategy

The Monarch team dynamic has changed this year as well, which may be explained by Sypult’s new team strategy, “… unity as a team, discipline (in) play, and passion for the game.”

Is Sypult’s strategy going to work?

“(We are) closer than we’ve been in the last few years,” assured Teague. This may be what the Monarchs needed.

Campbell University

As the Monarchs gear up to open their season against Campbell University of Buies Creek, the Monarchs look to “be physical and eliminate errors, [with a] big emphasis in the kicking game,” explained Sypult.

The kicking game for the Monarchs includes returning sophomore kicker, Mario Miralles; Shaun Dodd, who will replace Leigh Manley as punter; and Kyle Dodson who will take his place as snapper. Last season, Miralles was 6-for-18 in field goal attempts and 21-for-25 in point-after-touchdown attempts.

Game time

The Monarchs host the Camels in the first home game of the season. This is the first year Campbell University has had an intercollegiate team in 58 years. The Monarchs look to deal Campbell their second loss in the season and in modern history.

Campbell University

The Monarchs host the Camels Sat. Sept. 6. Kick off is at 3 p.m. Entry is free with a student ID and $6 for parents and guests. Monarch Zone will be held at 1 p.m. in the faculty parking lot by the football field entrance from 11 a.m. until kick-off. Monarch Zone will have opportunities to show school spirit as the team enters a new season with determination, discipline, unity and passion.

Due to Tropical Storm Hanna, the football game has been moved to 3 p.m. on Saturday Sept. 6. In the event that weather does not allow game to be played, it will be moved to Monday.