Kindergarten Transition Readiness for Children Receiving Occupational Therapy Services

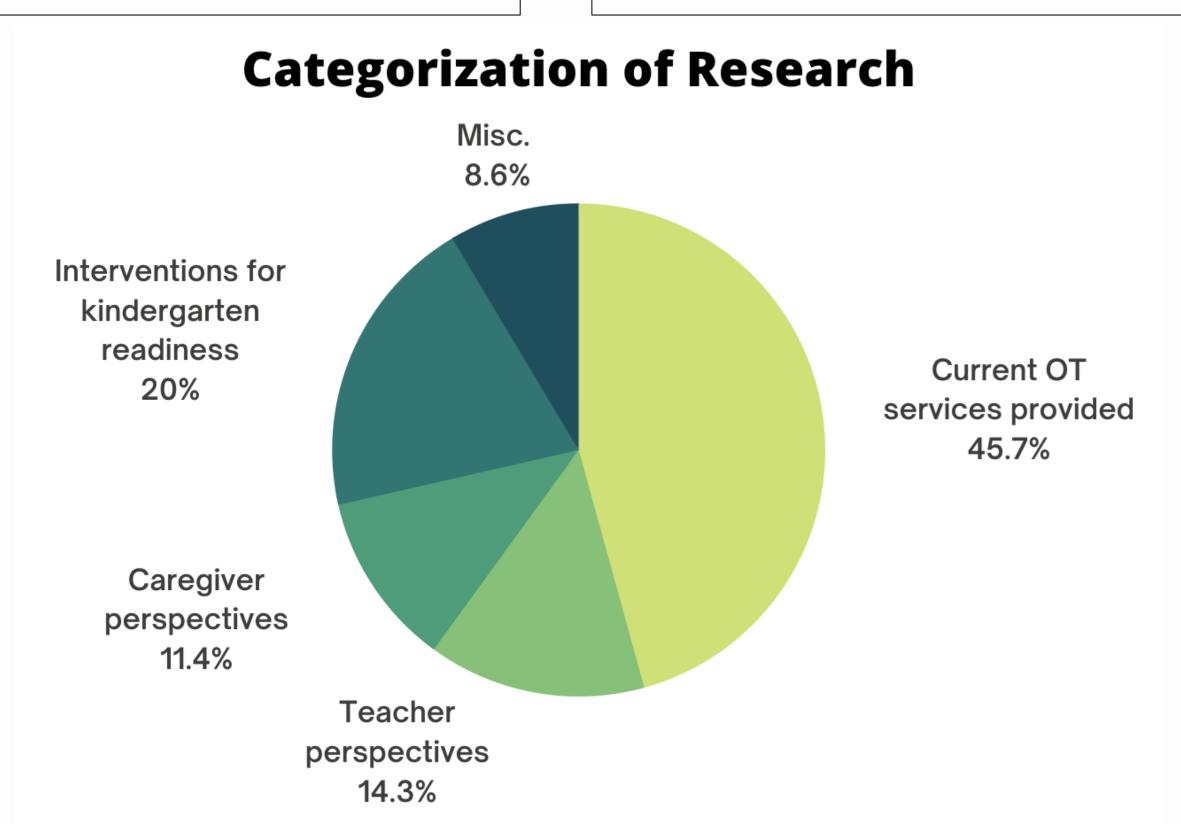
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Introduction/Background:

- Preschool → kindergarten is a pivotal transition period¹
- Many children (ages 4-6) are not meeting current expectations of kindergarten readiness²
 - 50% of children demonstrate difficulty with transition³
- Facilitating play/group interactions improves kindergarten readiness²

Purpose:

- To gain a comprehensive perspective of occupational therapy (OT) involvement in preparing preschool children to successfully transition into kindergarten
- To advocate for young children
- To determine teacher and parents perspectives on the transition process.



Methods:

- Scoping review → to review current evidence and identify common themes
- Research had to have the following criteria:
 - Written in English
 - Published between 2000 and 2021
 - Assess school readiness OR involve occupational therapy services in the pediatric population under 6 years of age

Conclusion:

- Focus of OT services:
 - Graphomotor Skills
 - Facilitating play/group
 - Improving self-awareness
 - Self-regulation
 - Self-regulation
 - Social-emotional skills
- One third of teachers indicate that 50% of their children are not ready for kindergarten⁴
- Caregiver involvement is essential a successful transition to kindergarten⁵

Outcomes:

- 29 articles
- Child characteristics: Autism
 Spectrum disorder, Intellectual
 Disability, Developmental Delay
- Skills targeted: fine/gross motor, behavior, and social-emotional skills

References



Key Search Words

