

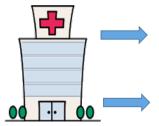
# Chronic Pain Management



By: Edward Jones

# Background

Chronic pain is one of the most common reasons adults seek medical care and has been linked to restricted mobility, opioid dependency, anxiety, depression and reduced quality of life (CDC, 2018).



#### \$560 billion

per year from chronic pain (CDC, 2018)

## \$78.5 billion

per year from opioid prescription misuse (NIDA, 2020)



128 people overdose per day from opioids

Research Question: Can cannabis provide the same level of pain relief, or better, for chronic pain patients without the level of risk involved with opioids?

#### Method

 A quantitative, longitudinal randomized control study among ages 45-65 with chronic pain

#### Measurements

- Brief Pain Inventory
- Beck Anxiety Inventory
- Beck Depression Inventory
- WHOQOL-100
- Physical Mobility Scale

## Discussion

• Additional evidence is needed from larger, well-designed clinical trials to improve the understanding of cannabis and its potential within the pain management market.

