

WALK AND RUN

ON OUR NEW CAMPUS TRAILS



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We have created three new trails on campus. There is the "Methodist Mile," which is a one mile loop that takes you through campus using sidewalks. Our second loop is a "Cross Country 1 Mile," which takes you through some of the wooded areas and up and down our campus hills. The final loop is a "Campus 5K" that takes you by all buildings and through several areas of woods. You will get a view of the campus while getting a great workout!

- Methodist Mile
- Cross Country 1 Mile
- Campus 5K