

ISOLATION & QUARANTINE GUIDELINES

START

HAVE YOU TESTED POSITIVE FOR COVID-19?



YES

ARE YOU EXPERIENCING ANY SYMPTOMS?



YES

- ▶ Stay home for 5 days.
- ▶ If your symptoms resolve within 5 days, you can go about your normal activities.
- ▶ Continue to wear a mask around others for 5 additional days.
- ▶ If you have a fever, continue to stay home until it resolves.

NO

Stay home for 5 days and wear masks around others for an additional 5 days

YES

- ▶ You may have the flu or some other viral infection.
- ▶ Contact your primary care provider or MU's Health Services office.
- ▶ Stay home until you feel better!

NO

HAVE YOU OR ARE YOU EXPERIENCING ANY SYMPTOMS?



NO

WERE YOU IN CLOSE CONTACT TO A POSITIVE CASE OF COVID-19?



YES

- ▶ **If Unvaccinated:** Even if you are showing no symptoms, you should quarantine (home/room) for five days and test five days after last contact with the positive individual. If negative, go back to normal routine (but continue to wear a KN95 or N95 mask, monitor for symptoms for an additional five days, and don't travel). If symptoms have developed, you should isolate immediately, get tested, and follow the guidelines on this chart.
- ▶ **If Vaccinated:** If you are not symptomatic, you do not need to quarantine in room/home, but you should get tested on Day 5 after last contact with the positive individual. If negative, keep with normal routine (but continue to wear a KN95 or N95 mask, monitor for symptoms for an additional five days, and don't travel). If symptoms have developed (or test is positive), you should isolate immediately and follow the guidelines on this chart.
- ▶ **If you have tested positive within the past 90 days (with an antigen test):** You do not need to quarantine in room/home. You should test if you develop symptoms. If negative, keep with normal routine (but continue to wear a KN95 or N95 mask, monitor for symptoms for an additional five days, and don't travel). If positive, you should isolate immediately and follow the guidelines on this chart.

NO

You can go about normal activities, but continue to practice safety measures.