

ISOLATION & QUARANTINE GUIDELINES

START

HAVE YOU TESTED POSITIVE FOR COVID-19?



YES

ARE YOU EXPERIENCING ANY SYMPTOMS?



YES

- ▶ Stay home for 5 days.
- ▶ If your symptoms resolve within 5 days, you can go about your normal activities.
- ▶ Continue to wear a mask around others for 5 additional days.
- ▶ If you have a fever, continue to stay home until it resolves.

NO

Stay home for 5 days and wear masks around others for an additional 5 days

NO

HAVE YOU OR ARE YOU EXPERIENCING ANY SYMPTOMS?



YES

- ▶ You may have the flu or some other viral infection.
- ▶ Contact your primary care provider or MU's Health Services office.
- ▶ Stay home until you feel better!

NO

WERE YOU IN CLOSE CONTACT TO A POSITIVE CASE OF COVID-19?



YES

If you have been boosted, received full vaccination of Pfizer or Moderna within the last 6 months, or received the J&J vaccine in the last 2 months:

- ▶ Wear a mask for 10 days and test on day 5 (stay home and get a test if symptomatic).

If you were vaccinated with Pfizer or Moderna more than 6 months ago, received the J&J vaccine more than 2 months ago, and are not boosted, or are unvaccinated:

- ▶ Stay home for 5 days and wear a mask an additional 5 days. Test on day 5. If you can't quarantine, wear your mask for 10 days (stay home and get a test if symptomatic).

NO

You can go about normal activities, but continue to practice safety measures.