

# **Methodist University's Doctor of Occupational Therapy Program**

## **Level I Fieldwork Weekly Activities**

### **Day One:**

- Introductions and orientation to site (including lunch, break room, assessment & therapy equipment locations)
- Discuss student's personal strengths/weaknesses, learning style and your expectations for this fieldwork with supervisor. Supervisor will discuss supervisory style and their expectations.
- COTA/OTR relationship at your site
- Student will learn outpatient routine and schedule
- Observe supervisor during all evaluations/treatments
- Student to review class assignments (SOAP note & medical chart review for 1 client)

### **Day Two:**

- Observe supervisor during all evaluations/treatments/documentation
- Familiarize self with protocols for typical diagnosis in the outpatient setting
- Familiarize self with equipment/modalities used in outpatient setting and verbalize contraindications for different modalities used
- Review documentation process at site and a medical chart of one client
- Assist with set up or one activity with client, while supervised

### **Day Three:**

- Observe supervisor during all evaluations/treatments/documentation
- Assist with set up or one activity with client, while supervised
- Discuss discharge planning and interprofessional interactions at site
- Complete practice documentation on one patient using SOAP note format for class assignment
- Demonstrate confidence when working with patients (examples: removing hot packs/cold packs, etc.)

### **Day Four:**

- Observe supervisor during all evaluations/treatments/documentation
- Assist with set up, one activity, or part of evaluation interview with client, while supervised
- Complete chart review on one patient on Friday's schedule and form treatment ideas based on client's goals

**Day Five:**

- Observe supervisor during all evaluations/treatments/documentation
- Assist with set up, one activity, or evaluation interview with client, while supervised
- Discuss student's treatment ideas with supervisor
- Review and discuss student's results on Level I Fieldwork Performance Evaluation form