



DOCTOR OF PHYSICAL THERAPY PROGRAM



MISSION

Promoting the health of society by enhancing movement through contemporary, evidence-based physical therapy education, fostering servant leadership, efficacious clinical reasoning, and compassionate reflective practice.

VISION

Recognized for collaborating as servant-leaders for healthcare who act compassionately, demonstrate excellence in clinical reasoning, and utilize a holistic approach to advance society's health and the overall human experience.

DIVERSITY AND INCLUSION

Methodist University's Doctor of Physical Therapy Program (DPT) acknowledges that we all have implicit biases. Motivated individuals can learn to identify these biases and approach them with intentionality to overcome them over time. MUDPT expects students to engage in self-reflection and bring conscious awareness to biases as they relate to diversity and inclusion. This includes student interactions with classmates, patients, and colleagues in clinical education and in the future. MUDPT does not discriminate on the bases of race, ethnicity, religion, creed, gender, gender identity, sexual orientation, marital status, or age. MUDPT has a no-tolerance policy for discrimination; students, staff, and faculty are expected to uphold and emulate this during clinical education and future practice as an extension of MUDPT.

ACCREDITATION

Regional

Methodist University is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) to award associate, baccalaureate, master's, and doctoral degrees.

Contact the Commission on Colleges at 1866 Southern Lane, Decatur, GA 30033-4097 or call 404.679.4500 for questions about the accreditation of Methodist University. Since 2015, Methodist University has been accredited as a Level V Doctoral degree-granting institution to offer the Doctor of Physical Therapy Degree.





CAPTE

Methodist University received accreditation status effective May 2, 2018.

The Methodist University Doctor of Physical Therapy Program is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE), 3030 Potomac Avenue, Suite 100, Alexandria, Virginia 22305-3085; telephone: 703.706.3245; email: accreditation@apta.org; website: capteonline.org. In need to contact the program/institution directly, please call 910.630.7476 or email shall@methodist.edu.

The program has determined that its curriculum meets the state educational requirements for licensure or certification in all states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands secondary to its accreditation by the Commission on Accreditation in Physical Therapy Education, based on the following:

CAPTE accreditation of a physical therapist or physical therapist assistant program satisfies state educational requirements in all states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands. Thus, students graduating from CAPTE-accredited physical therapist and physical therapist assistant education programs are eligible to take the National Physical Therapy Examination and apply for licensure in all states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands. For more information regarding state qualifications and licensure requirements, refer to the Federation of State Boards of Physical Therapy website at fsbpt.org.



WHAT IS A DOCTOR OF PHYSICAL THERAPY?

Doctors of Physical Therapy (DPTs) are movement experts who improve quality of life through exercise, hands-on care, and patient education. DPTs identify and treat impairments in individuals of all ages, from newborns to people at the end of life. Many patients have injuries, disabilities, or other health conditions that need treatment. DPTs also care for people who simply want to become healthier or prevent future problems. DPTs examine each person and then develop an individualized treatment plan to prevent, correct, and alleviate atypical movement to improve the ability to move, reduce or manage pain, restore function, and prevent disability. DPTs can have a profound effect on peoples' lives by helping them achieve their fitness goals, regain or maintain their independence and lead active lives. Physical therapists practice in a wide variety of settings:

- ◆ Private Practices
- ◆ Long-Term Acute Care Hospitals
- ◆ Inpatient and Outpatient Rehabilitation Centers
- ◆ Skilled Nursing Facilities
- ◆ Sub-acute Care Facilities
- ◆ Hospitals
- ◆ Patients' Homes
- ◆ Schools, Universities, and Research Settings
- ◆ Emergency Rooms
- ◆ Veterans and Federal Health Care
- ◆ Fitness and Sports Training Centers
- ◆ Office and Industrial Workplaces

Physical therapists often pursue professional development opportunities, including post-professional degrees (e.g., Ph.D., D.Sc., Ed.D.).

AFTER DPT GRADUATION

Licensed physical therapists may choose to pursue a [residency or fellowship program](#) to enhance their knowledge and practice.

A clinical residency is designed to advance a physical therapist's preparation as a provider of patient care services in a defined area of clinical practice. It combines opportunities for ongoing clinical supervision and mentoring with a theoretical basis for advanced practice and scientific inquiry.

A clinical fellowship is a planned program of post-professional clinical and didactic education for a physical therapist who demonstrates clinical expertise in an area of clinical practice related to the practice focus of the fellowship. (Fellows are frequently post-residency prepared or board-certified clinical specialists.)

Physical therapists also have the opportunity to become board-certified clinical specialists through the [American Board of Physical Therapy Specialties](#). Specialization is the process by which a physical therapist builds on a broad base of professional education and practice to develop a greater depth of knowledge and skills related to a particular area of practice. PTs are not required to be certified in order to practice in a specific area.





PREREQUISITES

Education

A bachelor's degree from a regionally accredited college or university. No specific degree is required. An overall GPA of 3.0 or higher is required.

Courses and GPA Requirements

- ◆ A minimum GPA of 3.0 and a minimum prerequisite course GPA of 3.2 on a 4.0 scale, and have no prerequisite courses with a grade less than a “C.”
- ◆ Candidates are expected to have no more than two prerequisite courses remaining to be taken after they apply. However, exceptions may be considered at the discretion of the Admissions Committee. All prerequisite courses must be completed prior to starting the Doctor of Physical Therapy Program.
- ◆ Prerequisite courses are as follows:
 - Chemistry, 8 credits: General College Chemistry I and II with labs
 - Physics, 8 credits: General College Physics I and II with labs
 - Biology, 8 credits: General Biology I and II with labs (Botany, Ecology, and Zoology courses are not acceptable) or General Biology I and upper-level Biology with labs. Suggested courses include Microbiology, Embryology, and Cellular Physiology. Exercise Physiology may be accepted, at the discretion of the admissions committee, in lieu of the upper-level Biology course.
 - Human Anatomy and Physiology, 8 credits: Human Anatomy and Physiology I and II or individual courses of Human Anatomy and Human Physiology with a lab in each
 - Statistics, 3 credits: Introductory Statistics
 - Psychology, 6 credits: Two semesters of Psychology including General Psychology and one additional Psychology course. Suggested courses include Developmental Psychology, Child Psychology, Abnormal Psychology, or Psychology of Disability.
- ◆ Biology, Anatomy, Physiology, and Chemistry prerequisite courses must have been completed within 10 years prior to application. Work experience or graduate-level education in a related field (e.g., athletic training, exercise physiology, etc.) may be accepted, at the discretion of the Admissions Committee, in lieu of the 10-year prerequisite course time limitation.
- ◆ **Advanced placement credits are not accepted for prerequisite courses.**

Other Testing

For non-native speakers of English, a Test of English as a Foreign Language (TOEFL) is required.

- ◆ TOEFL-iBT minimum composite score of 89 with minimum subsets; 24 Writing, 26 Speaking, 21 Reading and Comprehension, and 18 Listening.
- ◆ Comparable scores would be 220 on the computer-based exam, 560 on the paper-based exam, a TSE of 50 and/or a TWE of 4.5.

APPLICATION PROCESS

All candidates for admission must submit the following:

- ◆ An application through the APTA Physical Therapist Centralized Application Service (PTCAS; ptcas.org/home.aspx).
- ◆ Three references from:
 - A faculty member in the applicant's major,
 - A licensed physical therapist (not related to the applicant),
 - Another faculty member or licensed physical therapist (not related to the applicant)
- ◆ Official copies of all transcripts to be submitted to PTCAS from institutions of higher education attended, even if the applicant did not receive a degree.
- ◆ Altus Suite of Assessments.



APPLICANT REVIEW PROCESS

Prior to being submitted to the Admissions Committee, all courses and grades entered by the applicant are verified by the DPT Program Admissions Director. In addition, the Admissions Director will verify that the applicant has completed all of the prerequisite coursework and make note of any outstanding courses. Once the application is verified, the information is forwarded to the DPT Program Admissions Committee for the initial phase of the admissions process.

Phase I

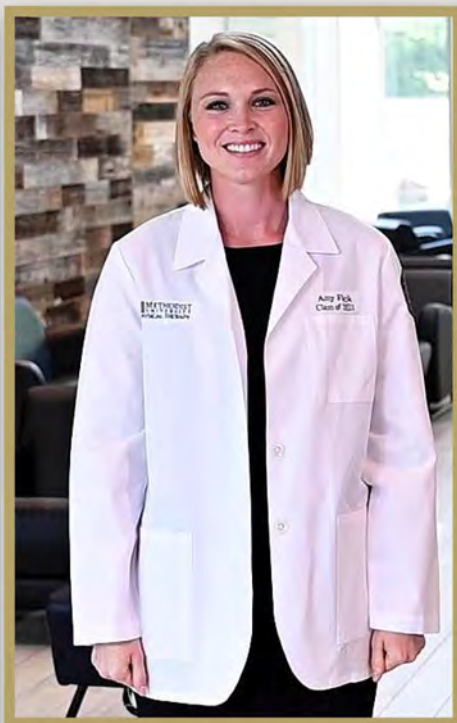
The initial phase of the admissions process is designed to ensure that students enrolled in the DPT Program possess the academic credentials to successfully complete the program of study. A number of criteria are used during this phase of the admissions process to score the applicants. The Admissions Committee uses the following criteria:

- ◆ Undergraduate cumulative Grade Point Average (GPA)
- ◆ GPA of prerequisite course work
- ◆ Personal essay
- ◆ Altus Suite of Assessments

Additional factors that may affect the applicant's score during Phase I of the admissions process include:

- ◆ Assessment of the volunteer experience, clinical employment, or other clinical activities attained by the applicant prior to submitting the application. While clinical experience is not required, it is a desired qualification for admission into the DPT Program.
- ◆ Graduate-level GPA. Students with graduate-level experience earn additional points based on their cumulative GPA of all graduate-level courses.

The outcome of Phase I of the admissions process determines if the applicant is offered the opportunity to participate in Phase II.





Phase II

Phase II of the application process consists of an interview with DPT faculty and students. Following completion of both Phase I & II, the faculty and Admissions Committee shall identify whether the applicant has met the criteria for acceptance to the DPT Program.

REQUIREMENTS FOR GRADUATION

- Completion of all courses with a minimum cumulative GPA of a 2.800.
- Successful completion of all clinical education courses.
- Complete all courses within the maximum timeframe of 150% of the length of the program in years (i.e., 4.5 years).
- Good standing in character, conduct, and ability as described in the Professional Behavior and Essential Functions Policy.
- Meeting all financial obligations to the University.
- Completion of all program requirements (example: professional meeting attendance, etc.).
- Recommended by the faculty for graduation.



CURRICULUM

Fall | Year I, Term I

Course	Title	Credits
DPT 5010	Medical Physiology and Diseases for PT	4
DPT 5100	Foundations for PT Practice	1
DPT 5120	Psychosocial Aspects of Physical Therapy	3
DPT 5140	Teaching and Learning	2
DPT 5200	Human Anatomy I	4
DPT 5300	Introduction to Research	2
DPT 5500	Physical Therapy Tests and Measures	3
Total Semester Credit Hours		19

Spring | Year I, Term II

Course	Title	Credits
DPT 5180	Documentation for Physical Therapists	1
DPT 5220	Human Anatomy II	4
DPT 5400	Biomechanics	3
DPT 5520	Foundations of Acute Care and Patient Care Skills	3
DPT 5540	Biophysical Agents	3
DPT 5600	Functional Neuroanatomy	3
DPT 5900	Musculoskeletal Physical Therapy I	2
Total Semester Credit Hours		19

Summer | Year I, Term III

Course	Title	Credits
DPT 5560	Exercise Principles and Prescription	3
DPT 5710	Exercise Physiology and Wellness	4
DPT 5800	Gait and Movement Analysis	2
DPT 5850	Pharmacology for Physical Therapy	2
Total Semester Credit Hours		11

Fall | Year II, Term I

Course	Title	Credits
DPT 6010	Musculoskeletal Physical Therapy II	4
DPT 6110	Adult Neurological Physical Therapy I	3
DPT 6300	Research Design I	1
DPT 6410	Diagnostic Imaging and Medical Screening for Upper Extremity	2
DPT 6500	Geriatrics and Aging	2
DPT 6600	Wound Care	2
DPT 6900	Clinical Education Experience I (part time)	1
Total Semester Credit Hours		15

Spring | Year II, Term II

Course	Title	Credits
DPT 6030	Musculoskeletal Physical Therapy III	4
DPT 6120	Pediatric Physical Therapy	4
DPT 6130	Adult Neurological Physical Therapy II	3
DPT 6320	Research Design II	1
DPT 6420	Diagnostic Imaging and Medical Screening for Lower Extremity	2
DPT 6700	Cardiopulmonary Physical Therapy	3
DPT 6920	Clinical Education Experience II (part time)	1
Total Semester Credit Hours		18

Summer | Year II, Term III

Course	Title	Credits
DPT 6840	Nutrition for Physical Therapy	2
DPT 6940	Clinical Practicum I (full time)	5
Total Semester Credit Hours		7

Fall | Year III, Term I

Course	Title	Credits
DPT 7100	Leadership for Health Professionals	1
DPT 7130	Business Management for Physical Therapy	2
DPT 7200	Prosthetics and Orthotics	3
DPT 7240	Physical Therapy for Select Populations	2
DPT 7300	Research Design III	1
DPT 7600	Comprehensive Exam	1
DPT 7700	Clinical Practicum II (full time)	6
Total Semester Credit Hours		16

Spring | Year III, Term II

Course	Title	Credits
DPT 7720	Clinical Practicum III (full time)	6
Total Semester Credit Hours		6

Total Credit Hours	111
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Elective Courses	Credits
Clinical Sciences Review Course	1-6

THOMAS R. MCLEAN HEALTH SCIENCES BUILDING

The Thomas R. McLean Health Sciences Building is a 38,800-square-foot facility housing the DPT Program, Doctor of Occupational Therapy program, and additional programs in Kinesiology and Health Care Administration.

The Thomas R. McLean Health Sciences Building was designed with the intention of providing innovative, collaborative, and inviting learning spaces to meet the needs of all of the health science programs. In addition to the educational and community areas designed to facilitate interprofessional interaction across the health sciences programs, the DPT Program has designated classroom, laboratory, and office space in the building that is adequate to provide training for students.

FACILITIES

The Motion Analysis Laboratory

This laboratory space is a state-of-the-art facility dedicated to the collection, analysis, and interpretation of data related to motor control and biomechanical analysis of human movement. The laboratory space has been designed to support a broad range of clinical and research projects to support the faculty and students in the DPT program.

The Human Performance Laboratory

The Human Performance Laboratory (HPL) provides the faculty, students, and local community with the benefits of state-of-the-art research and education testing facilities for the purpose of promoting health, fitness, and improved functional performance.

The Cadaver Laboratory

The cadaver laboratory provides a unique experience for faculty and students to discover various anatomic structures and how they relate to human function. The cadaver lab allows for all students to participate in cadaver dissection, a feature that sets Methodist apart.

In addition to these laboratory spaces, the Thomas R. McLean Health Sciences Building houses the following educational and research spaces:

- ◆ Motor Control and Pediatrics Laboratory
- ◆ Activities of Daily Living Laboratory
- ◆ Mobility Courtyard
- ◆ Clinical Skills Lab
- ◆ Classrooms

**Want to Learn More About
Our Facilities?**

SCAN ME



*Click the thumbnail to the right if
viewing booklet digitally.*

MU FACILITY VIRTUAL TOUR

**Doctor of Physical
Therapy & Doctor of
Occupational Therapy**

 **METHODIST
UNIVERSITY**



MU DPT FACULTY

The collective MU DPT faculty are extraordinarily enthusiastic educators who are intentionally dedicated to students' professional development. The MU DPT full-time faculty represent specializations in neurologic, orthopaedic, pediatric, wound care, and women's health physical therapy. The program also has over 20 adjunct faculty that represent additional specializations and expertise in the following areas: oncology, orthopedics, cardiopulmonary, geriatrics, manual therapy, neurodevelopmental treatment, athletic training, pharmacy, and Fellows of the American Academy of Orthopedic Manual Physical Therapy. The program maintains a low student-to-faculty ratio to enrich the student learning experience through engaging teaching, mentorship, and faculty accessibility.

WHY MU DPT?

- ◆ University enrollment: Approximately 2,000
- ◆ Strong relationship with U.S. military at Fort Bragg
- ◆ Opportunities for both local and international service-learning experiences
- ◆ DPT enrollment: 40 per class
- ◆ Great location in Fayetteville, N.C.
- ◆ State-of-the-art facilities
- ◆ 617-acre campus
- ◆ Nationwide network of clinical sites
- ◆ Student input on clinical education
- ◆ Opportunities for interprofessional educational experiences
- ◆ Core faculty that maintain clinical practice
- ◆ Low student-to-faculty ratios





METHODIST UNIVERSITY

[Engage. Enrich. *Empower.*]

For more information, contact:

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Methodist University does not discriminate on the basis of age, race, gender, national or ethnic origin, religion, sexual orientation or disability for otherwise qualified persons in the administration of its admissions, educational policies, scholarships, loan programs, athletics, employment, or any other university-sponsored or advertised program.