



Learn with curiosity.  
*Grow in wisdom.*  
Serve with purpose.  
*Love with your whole heart.*  
Live your mission.

***Fall 2025 Programs***  
***Wednesdays, 11 a.m.***

# Are you looking for something more?

## Step into **CIRCUIT**.

**CIRCUIT** isn't just a weekly meetup – it's a vibe of community, a rhythm of worship, a space where meaningful connections happen. It's not only about discovering but about sharing your *vocation* in a deep and life-changing way.

The word vocation comes from the Latin *vocare*, meaning “to call.” In the early Church, vocation wasn't just about landing a job but about tuning in to something bigger. It meant listening for God's call: to **learn** with curiosity, **grow** in wisdom, **serve** with purpose, and **love** with your whole heart. That same ancient calling is still alive – calling *you*.

**CIRCUIT** is a space to hear that call – a weekly gathering where you can **connect** with people who think like you – and people who don't. A space to **listen** to honest stories, ask hard questions, and **learn** beyond the classroom. It's where your mind expands, your spirit is inspired, and your impact on the world begins to take shape.

The name **CIRCUIT** is a throwback, inspired by the fearless Methodist circuit riders (think Francis Asbury, who is featured on the Methodist University seal), who traveled far and wide to teach, lead, and build radically welcoming communities. **CIRCUIT** keeps that bold, boundary-crossing energy alive today.

Here at MU, we're focused on more than checking boxes. We are about building a life that matters - to **ENGAGE** your mind, **ENRICH** your spirit, and **EMPOWER** you to show up in the world with purpose. **Connect. Grow. Serve. Listen. Love. Learn.**  
This is our calling. This is **CIRCUIT**.

## Lunch and Learn Series: Food for Thought, Fuel for Change

*Presented by the Office of Student Connections & Outreach*

Ready to feed your mind and fuel your passion? Join us for a semester of interactive, student-led conversations paired with a **FREE** lunch! Dive deep into powerful topics like Global Diversity, Hispanic Heritage, and Native American Awareness. These sessions aren't your typical lectures – they're a space to challenge assumptions, build bridges, and ignite your purpose.

Whether you're exploring your own identity, curious about others, or discovering how your unique story shapes your future, Lunch & Learn is where connection, growth, and inspiration happen.

Check the **CIRCUIT** schedule for dates and locations. Come hungry – leave changed.

## Inner Strength, Outer Impact

### *Presented by Health & Counseling Services*

*Vocation* isn't just about what you do — it's about who you are. That's why *The Well*, Methodist University's The Well: Health and Counseling Services, is bringing a new series to CIRCUIT that centers on the connection between well-being and purpose.

Through interactive programs focused on mental, emotional, and whole-person health, Health & Counseling Services invites you to explore how caring for yourself is essential to discovering and sustaining your calling. Whether it's navigating stress, building resilience, or learning how to show up authentically in your life and relationships, these sessions offer space to reflect, recharge, and grow. Because when you are grounded in wellness, you are better equipped to *listen* for your calling, *love* others with intention, and *serve* the world with clarity and courage. Check the CIRCUIT schedule for dates, topics, and ways to show up for yourself – and your vocation.

## Word & Table: A Sacred Pause

### *Presented by Religious & Spiritual Life*

In the middle of the noise, the deadlines, the constant scroll, Word & Table invites you to breathe. This weekly Holy Communion (Eucharist) service is a simple, sacred space within CIRCUIT where you can pause, reflect, and remember that you are deeply loved by God and valued in this community. With scripture, a brief devotion, and the sharing of bread and cup, Word & Table offers more than a ritual – it's a rhythm of grace, a moment of stillness, and a quiet but powerful reminder of who you are and whose you are. We practice an open table, meaning all are welcome – no matter your faith tradition, background, or questions. If you're seeking connection, comfort, or clarity, come. There is a place for you here.

This semester, our devotions explore call stories from scripture – voices like Moses, Mary, Samuel, and others who remind us that vocation often begins not in certainty, but in sacred interruption. Come and be still. Come and be fed. Come and be reminded: You are called. You are not alone.

## Campus-wide Celebrations: Shared Moments, Sacred Meaning

### *Presented by CURRENT*

Throughout the year, CIRCUIT hosts six special gatherings that bring the campus together to mark sacred seasons, celebrate community, and honor what matters most. From the joy of the Blessing of the Animals to the unity of World Communion Day, the remembrance of All Saints Day, and the hope of our Service of Light – these moments are open to all and rooted in meaning.

Each celebration is thoughtfully designed to reflect our diverse campus, spiritual traditions, and shared values. Have ideas or creative energy to offer? Interested in planning, shaping, or leading these events? Join CURRENT: A Religion and Social Impact Lab – and help us create celebrations that inspire connection and change.

## CURRENT: A Religion and Social Impact Lab

CURRENT is a collaborative working group of students, faculty, and staff passionate about the intersection of spirituality, creativity, and social change. We meet every two weeks in the Makerspace (Reeves Fine Arts Complex) to brainstorm and co-create campuswide worship services, meaningful ceremonies, and “marking moments” that reflect the diverse spiritual lives of our community. We also coordinate interfaith initiatives and organize acts of social impact inspired by faith, values, and the common good. If you’re into purpose-driven planning, building community, or bringing bold ideas to life – CURRENT is your place to plug in!

## LEGEND

Use the corresponding icons to better understand the type of CIRCUIT events offered:



INSPIRATION



EDUCATION



COMMUNITY

## FALL 2025 CIRCUIT Schedule

### AUGUST

#### Campus-Wide Celebration: +

*Wednesday, August 20, 2025 – “Plugged In” CIRCUIT Expo (Berns Student Center)*

Jumpstart the semester with a dynamic experience of connection, purpose, and community. Get information on the semester’s opportunities as you interact with teams from The Well with Health & Counseling Services, Student Connections & Outreach, and Religious & Spiritual Life – plus enjoy energizing treats at the Recharge Bar!

#### Campus-Wide Celebration: +

*Wednesday, August 27, 2025 – Get the Scoop on Well-being (Davis Memorial Library Amphitheater)*

Get ready for one of the most inviting annual events on campus, offering students a fun and interactive way to explore the eight dimensions of well-being. Enjoy a scoop of ice cream and enter to win a Yeti Cooler and other exciting prizes!

### SEPTEMBER

#### Word & Table: +

*Wednesday, September 3, 2025 – “God’s Invitation Before Ours” (Hensdal Chapel)*

God is at work in us, calling us, even before we are aware of it.

### **The Well: Inner Strength, Outer Impact** 🏡

*Wednesday, September 3, 2025 – “Rooted and Ready: The Power of Self-Care” (Davis Memorial Library Seminar Room)*

Self-care isn't selfish – it's the foundation of sustainable purpose. This session explores how tending to your emotional, physical, and spiritual well-being helps you show up fully in your calling and for others.

### **Campus-Wide Celebration: +** 🏡 🐾

*Wednesday, September 10, 2025 – Blessing of the Animals (The Quad – Outside Hensdal Chapel)*

Bring your favorite pets (or photos of beloved animals!) to receive a blessing in celebration of the bond between humans and creation. This tradition traces its roots to St. Francis of Assisi, the patron saint of animals, whose love for all living creatures inspires the service.

### **Word & Table: +**

*Wednesday, September 17, 2025 – “Vocation in the Wilderness: Listening to God’s Whisper” (Hensdale Chapel)*

Following Elijah’s calling – and ours – amid uncertainty.

### **Word & Table: +**

*Wednesday, September 24, 2025 – “Vocation of Persistence: Calling to Pray Until Justice Comes” (Hensdale Chapel)*

Understanding our call to endurance.

### **Student Connections and Outreach Lunch and Learn: Rooted in Culture, Called to Purpose** 🐾

*Wednesday, September 24, 2025 – “Hispanic Heritage Month” (Alumni Dining Room)*

Celebrate Hispanic Heritage Month with us over lunch and real talk! We’re diving into how culture, identity, and tradition shape who we are – especially when it comes to figuring out our goals, careers, and sense of purpose. Hear from students and professionals who are embracing heritage in meaningful ways and add your voice to the conversation about what it means to show up fully as yourself – in class, in your work, and in your future.

## **OCTOBER**

### **Campus-Wide Celebration: +** 🏡 🐾

*Wednesday, October 1, 2025 – World Communion Day 2025 – “Love Boldly” (Matthews Chapel)*

World Communion Day celebrates the unity of the Church across global traditions, reminding us that we are called into a shared vocation of love, service, and reconciliation. As we gather at the table, we affirm our unique callings and our common purpose in building a more just and compassionate world.

### Word & Table: +

Wednesday, October 8, 2025 – “Called in the Chaos” (Hensdale Chapel)

Discovering vocation in places of fear and resistance.

### Word & Table: +

Wednesday, October 15, 2025 – “Come, Follow Me” (Hensdale Chapel)

Leaving behind the familiar for a new purpose.

### The Well: Inner Strength, Outer Impact

Wednesday, October 15, 2025 – “Better Together: Building Relationships that Matter” (Davis Memorial Library Seminar Room)

Meaningful work is rarely a solo endeavor. Learn how to cultivate trust, communicate with clarity, and build healthy relationships that support your personal growth and professional goals.

### Word & Table: +

Wednesday, October 22, 2025 – “Blessed Are the Poor in Spirit” (Hensdale Chapel)

Living the vocation of compassion and justice.

### Student Connections & Outreach Lunch and Learn: Rooted in Culture, Called to Purpose

Wednesday, October 22, 2025 – “Global Diversity Awareness Month” (Alumni Dining Room)

Celebrate Global Diversity Awareness Month with us! This Lunch & Learn is all about recognizing and appreciating the wide range of cultures, backgrounds, and, experiences that make up our campus and the world beyond. We'll discuss how hearing different perspectives and learning from each other can lead to stronger connections, better teamwork, and new ideas – both at school and in future careers.

### Word & Table: +

Wednesday, October 29, 2025 – “For Such a Time as This” (Hensdale Chapel)

Embracing courage when vocation requires risk.

## NOVEMBER

### Campus-Wide Celebration: +

Wednesday, November 5, 2025 – All Saints Observance (Hensdale Chapel)

Join us for an All Saints service on campus as we honor and remember those who have died, lifting their names in gratitude and hope. As each name is read, the campus bell will toll in solemn tribute, marking their lasting presence in our community.

### Word & Table: +

Wednesday, November 12, 2025 – “*Burning, but Not Consumed*” (Hensdale Chapel)  
Living a call that feels too big or too hard.

### The Well: Inner Strength, Outer Impact ☞

Wednesday, November 12, 2025 – “*When Plans Break: Navigating Conflict & Disappointment with Purpose*” (Davis Memorial Library Seminar Room)

Disappointment and conflict are inevitable – but they don’t have to derail you. Discover tools to manage tension, rebound from setbacks, and keep moving toward a vocation that aligns with your values.

### Word & Table: +

Wednesday, November 19, 2025 – “*From Persecutor to Preacher*” (Hensdale Chapel)  
Realizing how God transforms our past into purpose.

### Student Connections & Outreach Lunch and Learn: Rooted in Culture, Called to Purpose ☞

Wednesday, November 19, 2025 – “*Native American Heritage Month*” (Alumni Dining Room)

Connect with other students, enjoy a light lunch and take a moment to recognize the rich cultures, histories, and contributions of Native American communities. Explore how Indigenous traditions and values can inform our understanding of community, resilience, and purpose.

## DECEMBER

### Campus-Wide Celebration: + ☞ ☞

Wednesday, December 3, 2025 – *A Service of Light* (Matthews Ministry Center)

Join us for a joyful celebration of the season of light, hope, and community, bringing students, faculty, and staff together in celebration and unity.

## METHODIST UNIVERSITY

### MISSION STATEMENT

*Methodist University, historically supported by the North Carolina Annual Conference of The United Methodist Church, owes its origin and values to the life and teachings of Jesus Christ. The University is committed to an ecumenical spirit, respects diversity, and recognizes the dignity and worth of all human beings. The University's programs are based on the conviction that a liberally-educated person is sensitive to the needs and rights of others. Methodist University affirms the importance of intellectual values and ethical principles such as truth, virtue, justice, and love. The University community seeks to develop whole persons who will contribute substantially and creatively to the professions and to civic life. Therefore, Methodist University provides opportunities for spiritual, academic, and social growth, to the end that students may acquire enlightened minds and responsible spirits, as well as a continuing thirst for knowledge.*

*The purpose of Methodist University is to provide an undergraduate and graduate education firmly grounded in the liberal arts tradition that nurtures moral values and ethical decision making; to provide distinctive professional and graduate programs that complement the undergraduate programs; to provide educational and cultural services and resources to the community; and to prepare students for a variety of careers and educational pursuits.*

### CONTACT INFORMATION

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**METHODIST  
UNIVERSITY**

**RELIGIOUS & SPIRITUAL LIFE**