

PRESS RELEASES FOR 12/00

DATE	TITLE	SENT TO MEDIA	IN HOUSE	TOTAL
12/18/00	PA Master's Program	76	8	84
12/19/00	December Graduation	75	7	82
12/1/00	Fall Enrollment	96	9	105
Total		247	24	271

Campus Distribution: Dr. Hendricks/ Dr. DeLapa/ Gene Clayton/ R. Lowe/ Boyd Parsons/ Switchboard

Date Dec. 19, 2000

Methodist College Office of Public Relations

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Topic Dec. Graduation

630-7043 / FAX: 630-7253

BASIC MEDIA LIST FOR PRESS RELEASES

Home town of out-of-area grads

LOCAL/REGIONAL

- Fay. Observer-Times
- Features Education
- Sports Religion Editor
- Business
- Paraglide (Ft. Bragg)
- The Daily Record (Dunn)
- The Pilot (S. Pines)
- News and Observer (Raleigh)
- Arts & Entertainment Calendar
- News Education
- Features Sports Business
- Challenger
- Up and Coming
- The Carolina Flyer (Pope AFB)
- Arts & Leisure
- Sanford Herald
- The News Journal (Raeford)
- The Sampson Independent
- Fifty Plus

CAMPUS

- MC Webmaster
- Monarch Messenger
- Personal Files
- MC Today

SPECIAL DISTRIBUTION

- Fay. Area Conv. & Visitors Bureau
- NCCIHEP *Dr. Williams*
- Cumb. Co. Pub. Library
- AARP
- FAEDC
- YMCA
- FSU
- Fay. Parks & Recreation
- CASE III Notes

HIGH SCHOOLS

- PFSH
- TSHS
- DBHS
- EES *Principal*
- SFHS
- SVHS
- CFHS
- WSH
- Fay. Academy
- Northwood Temple Academy
- JBHS

- Arts Council of Fay/Cumb. Co.
- City of Fay. (Mayor's Office)
- Fay. Tech. Com. College
- Fay. Museum of Art
- Fay. Chamber of Commerce
- City of Fay. (Jason Brady)
- NC League of Savings Inst.
- Cumb. Co. Schools (Sarah or Supt.s Ofc.)
- Fort Bragg Schools
- Cape Fear Regional Theatre
- Museum of the Cape Fear

Special Sections

- Weekender
- Medical Notes
- Applause
- Saturday Extra
- Community Calendar

OTHERS

- Hoke Co. H.S.
- Pernel Swett H.S.
- Triton H.S.
- Western Harnett H.S.
- Harnett Central H.S.
- Pinecrest HS

RADIO

- WFNC/WQSM
- WFAI
- WIOZ
- WAZZ
- WFLB
- WKML
- WZFX
- WUNC
- WCLN
- WCPE

NORTH CAROLINA

- NC Christian Advocate
- Mount Olive Tribune
- Red Springs Citizen
- Smithfield Herald
- Business North Carolina
- Bill Norton NC Conference UMC (Raleigh)
- Goldsboro News-Argus
- The Herald-Sun (Durham)
- The News Reporter (Whiteville)
- Spectator Magazine (Raleigh)
- The Daily Tar Heel
- The Bladen Journal (E-Town)
- Harnett County News
- The Robesonian (Lumberton)
- Charlotte Observer
- Greensboro News & Record
- Wilmington Morning Star
- Rocky Mount Evening Telegram
- Associated Press
- Winston Salem Journal
- Richmond County Daily Journal (Rockingham)
- Duplin Times
- Greenville Daily Reflector
- Kinston Daily Free Press
- Wilson Daily Times
- Laurinburg Exchange
- Duke Chronicle
- The Chapel Hill News
- Philanthropy Journal of North Carolina

TELEVISION

- WKFT-TV (40)
- WTVD-TV (11)
- WRAL-TV (5)
- WNCN-TV (17)
- WFAY-TV (62)
- COMMUNITY CHANNEL (Time-Warner Cable)
- WECT-TV (6)
- WUNC-TV (4)

FOR IMMEDIATE RELEASE
December 18, 2000

Bill Billings
Director of Public Relations

SPEAKERS URGE WINTER GRADUATES OF METHODIST COLLEGE TO SERVE OTHERS

FAYETTEVILLE, NC—Joyful living requires service to others.

That was the theme of two speeches given at Methodist College's 28th winter commencement exercises Dec. 15.

The commencement speaker was Dr. Assad Meymandi, a psychiatrist/neurologist from Raleigh, N.C. In an address entitled "A Few Thoughts on Life," Dr. Meymandi offered a 12-point prescription for joyful living.

"May your future be imbued with *barakat*," said Dr. Meymandi. "*Barakat* is a Sanskrit word that expresses the centrality, centricity and focus of God's abundance in the service of others."

The speaker said *barakat* encompasses the 12 characteristics of a joyful person: 1) an appreciation of life, 2) a thirst for knowledge, 3) curiosity and ideas, 4) love, 5) faith, 6) hope, 7) excellence, 8) personal growth, 9) altruism, 10) selflessness, 11) enthusiasm, and 12) service to others.

The baccalaureate speaker was the Rev. Dr. Peter Storey, a retired Methodist bishop from South Africa. In a sermon entitled "New Beginnings with God", Dr. Storey based his message on three Biblical passages from Luke (3:21-22, 4:1-2,16-21) which describe Jesus' *affirmation* at his baptism that he belonged to God, his *renunciation* of secular power offered him by the devil during his 40 days in the wilderness, and his *declaration* that God had

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Winter 2000 Commencement at Methodist College

anointed him to preach the gospel to the poor and to liberate the human spirit.

“Each of you has special plans for your lives,” said Dr. Storey. “I hope you will help the poor, help others reach freedom, and bring new light to others. I hope your life will be a bit of good news from God.”

In other commencement activities:

—College President Elton Hendricks presented a citation of appreciation to Louis Spilman Jr. of Fayetteville. A retired businessman, a College trustee, and a member of Methodist's first graduating class (1964), Mr. Spilman was honored for his 30 years' service on the College's Board of Trustees.

—Dr. Hendricks presented a Methodist College Medallion to Dr. Meymandi in recognition of his service to his profession and to the arts.

—Marie Frohm presented the flag of her native Sweden to the College.

—Sabrina Sabin received the Sam Edwards Award, denoting her selection as the outstanding Evening College graduate in the Class of 2000.

Degrees were awarded to 117 persons at the winter commencement, bringing total membership in the Class of 2000 to 267. Thirty-three members of the winter class graduated with honors.